

CAMP SHOHOLA
2012 Information for Parents and Campers
(there are updates this year, so please read carefully!!!)

2012 DATES

Season: Arrive Sunday, June 24; Return home Saturday, August 11
First Month: Arrive Sunday, June 24; Return home Saturday, July 21
Three Week Session: Arrive Sunday, July 22; Return home Saturday, August 11
Five Week Session: Arrive Sunday, July 8; Return home Saturday, August 11
1st Two-Weeks: Arrive Sunday, June 24; Return home Saturday, July 7
2nd Two-Weeks: Arrive Sunday, July 8; Return home Saturday, July 21

TO REACH CAMPERS

Mail:

Camper's Name and Cabin #
Camp Shohola
105 Weber Road
Greeley, PA 18425

Telephone: 570-371-4760

Campers should be called during meal times or rest hour when they can easily answer the phone: **8:00-9:30 am, 1:00-3:00 pm, or 6:00- 6:45 pm** (except **Wed. cookout**). Please wait to call until after the first week, to give your son time to adjust.

Fax: 570-504-1702

Incoming faxes are charged to your son's account at \$1.00/page. Outgoing faxes are charged at \$1.00/fax.

Email: Families of returning campers: If you have your previous Bunk1 user name and password, you will simply need to activate your account for the new season. If you need a new code, email office@shohola.com or call us at 570-371-4760 to receive a new one. You may do this at any time before camp begins.

Families of new campers: We have enclosed a pre-approval code from Bunk1. If you wish to use this service, please go to our web site www.shohola.com to the campers/photos page and click on the blinking icon that says, "Click here for...camp photos and...camper email." Then click "register now," and fill out the information. Once registered, you will be able to look at our photos and/or send one-way email. More detailed instructions are on another page in your welcome pack.

All families: The preferred method for emailing your son is to simply sign him up for a web accessible email account like hotmail, yahoo, AOL, etc. We provide supervised internet access to all campers. This is better for you because it costs nothing and it is a two-way communication.

TO REACH DIRECTORS

Duncan Barger, Director
Email: duncan@shohola.com
Camp Shohola
105 Weber Road
Greeley, PA 18425
Telephone: 570-371-4760
Fax: 570-504-1702

Holly Barger, Director
holly@shohola.com
Camp Shohola
105 Weber Road
Greeley, PA 18425
570-371-4760
570-504-1702

DUE MAY 1, 2012 !!!VERY IMPORTANT!!!

- 1. Health History and Examination Forms.**
- 1. Transportation and Baggage Confirmation form for ALL campers.**
- 2. Camp fee. Itemized bill is enclosed. All fees must be paid in U.S. dollars. Please make payment to Camp Shohola.**

International Payment Options: Please see attachment "wire transfer instructions".

DUE ON ARRIVAL DAY

Envelope with the following items inside:

1. Trunk keys tagged with camper's name.
2. An extra pair of glasses, if camper routinely wears them.
3. International campers: enclose a photocopy of passport and travel arrangements.

GENERAL INFORMATION

Visiting Days for Parents

Parents of season campers or five-week campers are encouraged to visit and/or take their son out of camp during changeover weekend, July 21 to 22. There is no visiting day for 2, 3, or 4-week campers, only for those that are staying over between the two major sessions.

Clothing

See inventory list for suggested list of items. **ALL ITEMS MUST BE CLEARLY MARKED WITH CAMPER'S FULL NAME.** Name tapes are preferred. Please also mark all sports equipment (including shoes).

Inventory List

Please attach camper Inventory List in the lid of the camper's trunk. Counselors will check items upon arrival and at departure. International campers: send list in an envelope.

Infirmary Care

Prescription medications are pre-packaged and sent to camp. See the "CampMeds" info sheet. Infirmary care and non-prescription medications are covered by the camp fee. Medical expenses resulting from doctor or hospital visits will be the responsibility of parents. Any bills will be forwarded to you so that you may submit them to your insurance company. If we have a copy of your insurance card with your health form there is a chance we can get it covered ahead of time. Parents will be notified by telephone if a camper requires an overnight stay in the infirmary or a trip to the doctor.

Contagious Diseases

If your child has been exposed to a contagious disease, you must notify the Director and delay the camper's arrival at camp until the full incubation period has passed and the doctor believes he can attend camp safely.

Requirements for Campers in the Riding Program

All riders must wear a hard hat and sturdy tie shoes with heels. If a camper does not own a hard hat, the camp will lend him one. Campers must provide their own shoes.

Personal Possessions

We make every reasonable effort to safeguard personal possessions, however we cannot be responsible for items lost, damaged or stolen. We are happy to provide storage for items of value. *****New for 2012***** PLEASE DO NOT BRING ANY ELECTRONICS TO CAMP. NO CELL PHONES, NO VIDEO GAMES, NO IPODS.

Money

Campers draw from their spending allowance. In most cases this is sufficient for expenses while at camp. Extra fees that apply to some programs or trips will be deducted from the store account. Money not spent will be refunded to you at the end of your son's camp session. In the event of an over-draw, you will be billed at the end of your son's camp session. International campers may choose to bring extra money for their sightseeing trip to New York City. *Please turn in any cash for safekeeping. We are not responsible for cash not turned into the office.*

Policy on Alcoholic Beverages and Illegal Drugs

If drugs or alcohol are found in the possession of any camper, he will be dismissed from camp immediately with no refund of camp fee.

Food

Please do not send any food to camp. When food is sent, it is collected and distributed to the entire camp at the end of each session.

Communication with campers: The directors request that you not communicate with your son for the first week of camp. The computer lab will be closed other than for instruction during the first week of your son's stay. This is critical for his adjustment to camp (and maybe yours too!!!!). If your son is having any adjustment issues of concern you will be contacted by the director.

ACCOMMODATIONS IN CAMP SHOHOLA AREA

The following is a partial list of accommodations near Camp Shohola and Camp Netimus. Reservations should be made directly with the establishment. Our advice, **book early!**

- Best Western Inn at Hunt's Landing
900 Routes 6 & 209
Matamoras, PA 18336
www.bestwestern.com
570 491-2400 or 800-528-1234
- Black Walnut Country Inn Bed and Breakfast
179 Fire Tower Road
Milford, PA 18337
www.theblackwalnutinn.com
570 296-6322
- Cliff Park Inn
155 Cliff Park Road
Milford, PA 18337
www.cliffparkinn.com
570 296-6491
Old Victorian Inn. On a 9-hole golf course.
- Comfort Inn
I-84, exit #17
Hamlin, PA 18427
About 30 miles from camp.
www.comfortinns.com
570 689-4148
- Courtyard by Marriott
I-81, exit #182
Moosic, PA 18507
At Montage ski area, great shopping, and Lackawanna Stadium.
www.marriott.com
570 969-2100 or 1-800-321-2211
- Dimmick Inn and Steakhouse
101 East Harford Street
Milford, PA 18337
On a busy cross street in Milford. Some rooms with private baths.
www.dimmickinn.com
570 296-4021
- Fairfield Inn
I-81, exit #190 (Main Street)
Scranton, PA
www.marriott.com
570-346-3222
- Falls Port Inn and Restaurant
330 Main Avenue
Hawley, PA 18428
www.thefallsportinnandrestaurant.com
570 226-2600
- Gresham's Lake View Motel
HC 6, Box 6150
Hawley, PA 18428
On Lake Wallenpaupack.
www.greshams.net
570 226-4621
- Hampton Inn
I-81, exit #182, Montage Mtn. Road and Davis Street
Scranton, PA 18507
Indoor pool. At Montage ski area.
www.hampton.com
570 342-7002 or 1-800-HAMPTON
- Hickory Haven Lodge
P.O. Box 100, 25 Route 55
Barryville, NY 12719
Older cabin style buildings overlooking Delaware River.
www.hickoryhaven.com
914 557-8077 or 888 557-8077

(Over)

Holiday Inn
On Rt. 380, and junction of I-81 and I-84
200 Tigue Street
Dunmore, PA 18512
About 40 miles from camp.
www.holidayinn.com
570 343-4771

Hotel Fauchere
401 Broad Street
Milford, PA 18337
Updated luxury guestrooms located in the heart of Milford.
www.hotelfauchere.com
570-409-1246

The Inn at Lackawaxen
P.O. Box 201, 188 Scenic Drive
Lackawaxen, PA 18435
Convenient to camp. Located on the Delaware River.
www.theinnatlackawaxen.com
570-685-7061

Lodge at Keen Lake
15 Warren Rix Dr
Waymart, PA 18472
Newly built condo style units located on a private lake.
www.lodgeatkeenlake.com
570-488-9300

Myer Country Motel
600 Route 6 and 209
Milford, PA 18337
Well-maintained older motel with porches and lawn located in Historic Milford, PA.
www.myermotel.com
570 296-7223

Residence Inn by Marriott
I-81, exit #190 (Main Street)
Scranton, PA
www.marriott.com
570-343-5121

Roebing Inn on the Delaware
155 Scenic Drive
Lackawaxen, PA 18435
1870 B&B on Delaware River. Close to camp and Zane Grey Museum.
www.roebinginn.com
570 685-7900

Sandy Beach Motel
P.O. Box 150, Route 6
Hawley, PA 18428
Older style motel located across the road from Lake Wallenpaupack.
www.sandybeachmotel.net
570 226-3858

Settler's Inn
4 Main Avenue
Hawley, PA 18428
A highly regarded inn located in Northeastern PA. Exceptional food.
www.thesettlersinn.com
570 226-2993

Tuck Em Inn
RR 6
Hawley, PA 18425
Convenient to camp and located near Lake Wallenpaupack. Indoor pool.
www.tuckeminn.com
570-226-6460

Woodloch Pines Resort
RR1, Box 280
Hawley, PA 18428
A full service family resort well known in the area.
www.woodloch.com
570 685 8000 main
570 572 6658 room reservations

Woodloch Springs
Hawley, PA 18428
Large golf course homes and townhouses for rent. Superior golf course.
www.woodloch.com

***ALL CAMPERS:
Please return confirmation form on transportation form.***

**CAMP SHOHOLA 2012
INFORMATION ON OPTIONAL BUS AND BAGGAGE SERVICE**

We will provide chaperones for buses leaving from and returning to Washington, Baltimore, Philadelphia and New York City. Baggage may be shipped at the same time. Depending on the number of riders, the bus may be a chartered bus or a camp van. The cost for bus fare is \$95.00 each way.

SINCE WE RESERVE BUSES BASED ON THE NUMBER OF REQUESTS, NO REFUNDS WILL BE MADE AFTER JUNE 1st. If you have made a reservation for the bus and your plans change, please notify us immediately so that bus departure is not delayed.

To Camp

Each camper may bring small carry-on items such as a hockey stick, fishing pole, or tennis racquet onto the bus. Larger pieces will be stored under the bus or in a separate vehicle provided by camp. **Camper from Washington and Baltimore should bring a bag lunch and something to drink.**

Return Home

All baggage must be picked up at the same time and place as campers. Any unclaimed baggage will be returned to camp.

DEPARTURE TO CAMP DATE AND TIME	PLACE OF DEPARTURE AND RETURN	RETURN HOME DATE AND APPROX. ARRIVAL TIME
Sun., June 24 (Season/1st month/1st TwoWks) Sun., July 8 (2nd TwoWks/Five Week Session) Sun., July 22 (Three Week Session)	Washington DC area Sidwell Friends School Upper School parking lot 3825 Wisconsin Ave. NW	Sat., July 7 (1st Two Weeks) Sat., July 21 (1st Month/2nd Two Wks) Sat., Aug. 11 (Season/5Wks/ 3Wks)
Check in: 8:15 a.m. Depart: 9:00 a.m.		4:30-5:00 p.m.
Check in: 10:00 a.m. Depart: 10:30 a.m.	Baltimore 5021 Lawndale Avenue, Swimming pool parking lot Behind Friends School campus; Charles St. to Windhurst, 3 streets to Lawndale Ave.	3:00-3:30 p.m.
Check in: 12:30 p.m. Depart: 1:00 p.m.	Philadelphia Bala Cynwyd Middle School parking lot, 510 Bryn Mawr Avenue, Off Levering Mill Road	12:30-1:00 p.m.
Check in: 10:30 a.m. Depart: 11:00 a.m.	New York City Metro. Museum of Art 82nd and 5th Ave.	12:00-12:30 p.m.

If any of this information needs to change, the camp will notify you. For changes that happen at the last minute due to traffic, or unforeseen difficulty, contact the camp immediately by phone.



Camp Shohola
 105 Weber Road
 Greeley, PA 18425
 Phone: 570-371-4760
 Fax: 570-504-1702
 Email: www.shohola.com

INVENTORY LIST

Camper's Name: _____
 Cabin #: _____ (will be filled in by staff when assigned)

Fill in the actual number of items and attach this list the inside lid of camper's trunk. Counselors will check items upon arrival and at departure. **MARK EACH ITEM WITH FULL NAME. INCLUDING SPORTS EQUIPMENT AND SHOES.**

Actual #	Suggested Number	Items	Actual #	Suggested Number	Items
	1	Heavy duty locker truck w/ tray		2	Bathing suits
	1	Duffel bag for bedding		5	Bath towels
	8	T-shirts		2	Washcloths
	5	Pairs short pants		2	Pillow cases
	4	Jeans or long pants		1	pillow
	2	Sweatshirts		3	Single sheets, flat
	2	Wool sweaters, flannel shirts or a heavy jacket		3	Single blankets or 2 blankets & 1 sleeping bag
	1	Rain coat or poncho		1	Laundry bag
	1	Pair rain boots		1	Toothbrush/paste
	2	Pair tennis shoes		1	Unbreakable bottle shampoo
	10	Pairs socks		2	Combs or brushes
	8	Pair underpants		1	Soap box/soap
	2	Pair pajamas		1	Flashlight/batteries
	1	Pair aqua socks, flip flops or sandals			Writing materials (pencils, stamp, etc.)

Actual #	Optional but useful items	Actual #	Please list any additional items
	Fishing rod and tackle		
	Soccer cleats, shin guards		
	Tennis racquet and balls		
	Baseball glove		
	Lacrosse equipment		

NOTES:

1. Please do not send aerosol cans — stick type only.
2. RIDERS: Please bring regular riding attire or jeans and sturdy tie shoes with heels. If you do not own a helmet, we will loan you one.
3. All electronic games, cell phones and walkie talkies must be left at home.

DIRECTIONS TO CAMP SHOHOLA

105 Weber Road, Greeley PA 18425
570-371-4760

From Washington-Baltimore area

I-95 to Baltimore Beltway #695

#695 to I-83

I-83 to just north of Harrisburg PA where you pick up I-81

I-81 north past Scranton PA

I-380 and I-84 east 3.4 miles

I-84 east toward Milford for 26 miles

Exit at Blooming Grove, Route 402 north to Route 6 for 4.5 miles

Turn right, Route 6 for 5.8 miles

After passing Camp Timbertops sign on the right, take the next hard surface road to the left

At the bottom of the hill. There is a small "Greeley Access PA Fish Comm." sign at the

Turn. Follow for 1.4 miles.

Turn left into camp at the end of the lake.

From Philadelphia area

Northeast extension of PA Turnpike to 115 Bear Creek and Wilkes-Barre Exit.

After Toll Booth take a left (West) on 115 down the mountain to I-81.

North I-81 into Scranton to the Beginning of I-84 East.

Take 84 East towards Milford PA.

Travel on 84 East for about 20 or 25 miles until you exit at Lords Valley (Hwy. 739).

Take a left after the ramp on 739 (north). Travel a mile to a 4 way stop at Hwy 434.

Right on 434 for 5 to 7 miles until dead end at Rte. 6. Rte. 6 left and immediately right

Just before the Mr. B's grocery store and Exxon Station.

Travel down 434 for about 2 miles until you come to the bottom of a steep hill with the

Pinehurst Country Lodge on your left. Take that left just at the Pinehurst. This road

Is unmarked, but is the Greeley Lake Road. Take the Greeley Lake Road two miles until you

see **Camp Shohola for Boys** on your right. Enter onto Weber road and proceed to the office.

From New York-New Jersey area

Route #80W toward Delaware Water Gap

Exit at Dover (34-B), Route 15, exit sign indicates Sparta

Continue straight on to Route #206

Follow Route #206 to Delaware River bridge at Milford PA

Cross bridge and turn right on to #209

Continue straight through stop light in Milford onto Route 6

Route 6 West for 12 miles to Route 434

Right on Route 434 for 1.5 miles

Turn left at Pinehurst Lodge sign on left for 1.1 miles to camp entrance on right

From West Chester County/Connecticut Areas

Get to 84 West and take all the way into Pennsylvania. After you cross the Delaware River take the 2nd exit, which is Milford and Rte. 6.

After exit, take a right and proceed approximately 7 or 8 miles until you see the intersection of Rte. 6 and 434 (Exxon Station on right). Take a right on 434 just before the Exxon Station and come down about 1 ½ or 2 miles to the bottom of a steep hill. The Pinehurst Country Lodge Restaurant will be on the corner and you can only go left. Take a left and proceed about 1 ½ or 2 miles until you see the sign for Camp Shohola for Boys on your right. Enter our property and come immediately to the office on your right.

From Camp Shohola to Camp Netimus

Proceed to Route #6 toward Milford

From junction of Route #6 and #434, go 5.8 miles to J&MCycle Shop/The Ice Cream Stop

Turn right on narrow road for 2.6 miles (parallels #84)

Turn right at dead end over #84 for 1.6 miles

Turn right at Husson Road for 1.4 miles

Turn right at dead end at top of hill for 1.4 miles

Turn sharp left up Netimus lane, after passing riding and waterfront on right

Dear Parents,

In our ongoing commitment to meet the needs of our campers who require medication while at camp as well as comply with strict state regulations regarding medication dispensing for summer camps, we once again will be working with **CampMeds Inc.** to provide the convenient service of dispensing, packaging and shipping medications directly to our camp this summer.

Our policy and procedure for dispensing and administering medicine REQUIRES camp families to have all of their child's medicine in PILL FORM to be dispensed by CampMeds and sent to camp prior to their arrival. This includes all prescription or non-prescription pills taken daily.

Shohola stocks most over the counter items such as Tylenol, Advil, Benadryl, etc. so you do not need to have CampMeds dispense those items and YOU DO NOT HAVE TO PRE-PACKAGE MEDICINES TAKEN "AS NEEDED".

Medications that are in **pill form** are individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medicine during summer camp minimizes potential errors, ensuring that every camper gets the correct medication and dosage, at the right time, on the right day. It also allows your children to return to their camp activities sooner, because administering meds that are pre-packaged and organized reduces their time spent in line waiting! Our nurses now have more time to devote to your child's other healthcare needs.

Please remember that all medication at camp is dispensed at mealtimes and bedtime. Only if medically necessary and a specific time is written on the prescription will the meds be dispensed at a different time of day. You are responsible to check that your child's prescriptions are written exactly how and when the medication is to be given. For example, if the med is to be taken only as needed, the prescription must be written that way; if the med is to be the "brand drug", the prescription must specify "brand only" or the generic will be dispensed.

We want to be clear that we do expect **100% participation** from families with campers who will need medication daily while at camp. The only exceptions to this procedure will be for international families and families for whom **CampMeds** notifies us that they are unable to accept the insurance. If your camper does not take medication in pill form, you do not need to register with **CampMeds**.

If your camper will be taking medication at camp this summer, please read the other campmeds information pages, and visit their website, www.campmeds.com for additional information and to register your camper.

We are confident that this program continues to help us achieve our primary goal; ***the health, well-being and safety of your child.***

Regards,

 Kelly Barger

Camp Shohola for Boys
CampMeds Registration Information 2012

What you need to do: Register on www.CampMeds.com

1. Note you will receive your order number when registered. Print out receipt from registration.
2. Obtain original prescriptions **written for 30 day increments**. Write order number on top corner of each prescription. ***Do not send us the medication, only the written prescriptions.**
3. If your child is staying over 30 days, prescriptions must be written with refills. Unused meds will be sent home from camp
4. **For Controlled Substances:** If your child is staying longer than 30 days, law requires a new prescription to be written for each 30 day supply. No refills and only 30 days worth of meds should be written on the prescription. **Two separate 30 day prescriptions are required.** Send all prescriptions together.
5. Prescriptions are filled as written. It is your responsibility to confirm all prescriptions are written exactly how (daily or as needed) and when your child takes the medication. Please refer to the FAQ's for details.
6. Non-prescription meds/vitamins; physician's authorization or clear directions written by parent is required.
7. Include a copy of both sides of your insurance/prescription card.
8. Mail prescriptions, registration receipt and copy of insurance card directly to:
CampMeds PO Box 267037, Ft. Lauderdale, FL 33326-7037

Fees: The packaging fee will be charged to your credit card immediately upon registration.

Fees are per camper, not prescription, and do not include the cost of medicine.

- **Packaging fee for campers attending up to 30 days of camp is \$50 including shipping**
- **Packaging fee for campers attending over 30 days of camp is \$60 including shipping**

Deadlines: Children attending camp beginning **June 24th or July 8th** above items must be received no later than **May 1st**.

Children attending camp beginning **July 22nd**; above items must be received no later than **June 1st**.

A late fee of \$25 will be charged to your credit card if any of the items above are received after the deadlines.

Please be aware that your credit card will be charged the shipping cost for any med change or additional meds sent to camp after your initial prescriptions have been sent.

Email Notification: You are notified by email when **CampMeds** receives your online registration, when your prescriptions are received and when meds are sent to camp. Contact us if you do not receive a confirming email within one week of sending prescriptions.

Insurance/Prescription Meds: The **CampMed's** licensed pharmacy partner accepts most insurance plans. They will verify your insurance, and bill for prescription drugs. You are responsible for the co-payments and deductibles which will appear on your credit card statement during the summer months after your child returns home. *****All of your med charges will appear on your credit card from the campmeds pharmacy.** You are responsible to notify **CampMeds** of any changes to your credit card and/or insurance plan. If the pharmacy is not a provider for your plan, you will be notified and given the option to contact camp for alternative arrangements.

Please refer to our website www.CampMeds.com for registration and details. For questions or if you are unable to register online, contact **CampMeds** at 954-577-0025 or info@CampMeds.com. **Please see FAQ page for frequently asked questions.**