



The Argus

Welcome to the Camp Shohola "Argus" online edition.

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All articles are written by campers at Camp Shohola
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The Shohola "S"

The Shohola "S" is given to those campers who, in the estimation of the Camp Shohola Staff, demonstrate achievement, friendliness, helpfulness, responsibility and leadership. The Argus would like to congratulate the following campers for receiving this prestigious award:

Ben Elkind – cabin 7

David Hecker – cabin 8

Brian Onley – cabin 8

Cody Seibert – cabin 3

Ben Staples – cabin cabin 4

Cody Weinberg – cabin 2

1st Month Camp Activities

15-U Basketball Tournament

By Mark McAuliffe, working senior

At Camp Shohola, there are intra camp events like NBA, NHL, and Little League. We also have inter camp events against other camps around the area. There are Pike County Tournaments and regular games in many sports. Camp Shohola faces camps like Lake Greeley, Lake Owego Camp, and New Jersey Youth Camp.

During the first month of the 2002 season, there was a 15-U Pike County Tournament. This tournament took place at Pine Forest Camp. The four teams in the tournament were Camp Shohola, Pine Forest Camp, Lake Greeley, and New Jersey Y.

In the first game, we faced Pine Forest Camp, who had a very good-looking team. We had a good first half, except for Pine Forest's big guy destroying us in the middle. Also, we had a lot of turnovers, which left us behind at the end of the first half. Before the start of the second half, we made some changes to try to regain the lead. The changes did not help; they actually made the score worse. In the end, we felt bad about the loss but we still had fun playing and decided to go for third place.

When the second game started, the Shohola team felt confident about getting third place in the tournament. We faced NJY, who lost to Lake Owego in their first game. Just like Shohola's first game, the opponent had a huge height advantage over us. NJY lead from the beginning of the game, but we were not far behind throughout the first half. Towards the end of the first half, we started having some fun. We were yelling and screaming to get

pumped up. NJY started to get frustrated with us, so they began to throw elbows and get very angry. The same thing started to happen when the second half began. The referee even gave the team a warning about their behavior. We did not win the game, but Shohola had a fun time in the second game and the whole tournament.

After every game or tournament, kids young and old come back to camp with smiles, even if the Shohola team lost. Intercamp match-ups are a great part of camp because of the rivalries between camps and the chances to defeat your rivals to gain pride.

Mystery Marathon

By Josh Talbert, working senior

Sleuthing, adventure, and competition are among the most prevalent of childhood themes and the Camp Shohola Mystery Marathon includes them all. Sponsored by WCSR Radio, who broadcasts a show simultaneous to the event, the marathon is another instrument in the ongoing Green vs. White point-scoring competition.

Led by captains Matthew Mirsky, Gabe Hanna, Andrew McRostie, Dan Brill, and Mark McAuliffe, the two teams attempt to use the riddles and hints broadcast on the WCSR radio show to find the various prizes that are hidden around camp. There are two categories of prizes: rare and common. The rare prizes, including the 'three tennis balls' and the illusive metallic discs, are quite valuable and are the main subject of the riddles and hints. The common prizes include a multitude of pins, fake money, and other trinkets. They are scattered all over the campground and are worth less points than the uncommon prizes.

A codename activity, encouraging camper/counselor interaction, is also integrated into the marathon. Each counselor selects a unique codename for his or herself that will be broadcast on the radio show. The campers must then match the announced codename with the respective counselor. Once a camper has an idea regarding a counselor's name, they must find the counselor and speak the name to them. If they are correct, the counselor surrenders his 'name ticket' to the camper so that they can redeem it for points.

In the end, the Green team won, 152-84, and everyone had a great time.

Capture The Flag

By Robert Schiff, working senior

Every year, Camp Shohola helps celebrate the 4th of July with every camper's favorite game, Capture the Flag. This year, 2002, the game was just as fun and successful as ever.

The game starts by dividing the camp into two teams, usually separated by odd and even numbered cabins. The working seniors did not play this year, but instead, helped supervise. The "even" captains were Steven Kaplan and Scott Gaynor, while the "odd" captains were Gabe Hanna and myself, Robert Schiff. As a captain, we were allowed to play and lead our teams.

The even numbered cabins won this year, winning of two out of three games, but everyone played their best. I enjoyed the game, especially the privilege of being captain, even though my team did not win. As always, the game was fun, and it was an excellent continuation of Shohola tradition.

The Eco Challenge

By J.D. Leonard, working senior

On Sunday, April 7th, the Eco Challenge took place at Camp Shohola. The challenge was a three-part relay race all over camp. Each cabin sent a three-person team to race, with the exception of the Working Seniors; they sent two teams. Numerous staff also participated, including a Head Counselor team, a Czech team and a South African team. Our sister camp, Camp Netimus, also sent representatives to race.

The first leg of the race involved kayaking. One member of each team kayaked on Lake Greeley from the waterfront docks to a floating marker in the middle of the lake, and then to the fishing dock. The kayaking leg ended when they touched their next teammate.

The second leg of the race was running. A second member of each team would run along a route designated by white spray paint all over camp. The route started at the fishing docks, went to the horse barn on the other side of camp, and ended at the Lower Office. The second member tagged their team member and the third leg of the race began.

The final leg of the race was mountain biking. The participants rode from the Lower Office, up a long, steep road, and back. Some of the winners were: The Czech team, cabins 2,6, and 16.

Everyone had a lot of fun. I'm sure that it will continue to be a tradition at Camp Shohola.

Intra Camp Activity

By Mike Berry, working senior

During the first and second weeks of camp, Shohola hosts drafts for any willing athlete in a variety of sports. Four teams are formed from the campers, and they compete against the other teams. During the first month, soccer, basketball, and hockey leagues were offered to the campers. Crowds, consisting of the majority of the camp, gather to watch. The spirits are always high, and the athletes play with kindness and sportsmanship.

The programs introduce campers to others, and even raise their fitness level. The program is very open as well. During the draft, previously selected captains choose a group of athletes to play on their teams. After the draft, if any players have not been drafted, they are put on a team and are able to take part in all the matches. One rule in the program is that all players on the team must take part in the match, unless it is against their own will. With this program, all willing athletes feel accepted among others.

Water Sports

Canoeing

By Nate Storb, cabin 4

In canoeing, we are taught how to row. We learn how to place our hands on the paddle. The teachers help you along the way, telling you how to correct your mistakes. We often paddle around Blueberry Island. One of the fun activities we do when we paddle to Blueberry Island is water wars. In a water war, you splash your opponent with water using your paddle. Canoeing can be hard because of the shallow water. You also have to help when it comes to carrying the canoes in and out of the water. Most important of all, don't forget your buddy tag!!

Sailing

By Hector Vazquez & Juan Manuel Jimenez, cabin 8

When you get on the boat, you get the feeling of floating through the air like a bird. Even though getting into the cold water can be an unlikable experience, once you get on the boat, time is stopped and you keep on flying. Putting the sail up, the dagger board down, and using the rudder are the necessary procedures to have a nice and smooth ride. The counselors create a great environment and make the classes enjoyable.

Kayaking

By Jean-Paul Pretat, cabin 14

Kayaking, in my experience, is awesome. In kayaking class, Rodrigo and Tom teach us to do a variety of things. To make sure we can do a wet exit, Tom uses his enormous muscles to flip our kayaks over. We learn how to do sweep strokes, bow rolls, and, if you are ready, how to do an Eskimo roll. We also engage in many fun activities in kayaking class. The first is polo, where you are attempting to put a ball in the opposing team's inner tube. There is also a game where you raft up in a circle with your classmates and two people get out of their kayaks and go around in a circle and race each other back to their kayaks. Kayaking is always a class to look forward to at Camp Shohola.

Swimming

By Ben Meissner, cabin 2

Swimming at Camp Shohola is a lot of fun because we get to swim in our great lake. We also get to swim lots of different strokes like the front crawl, back crawl, butterfly, breast stroke and side stroke. Our lake is great for swimming and everyone is always enthusiastic to get in. Learning swimming has been great and I know it will be good for me someday.

Windsurfing

By Milan Cimera, cabin 14

Speed, grace, joy, and freedom are just a few of the feelings I get when I'm windsurfing. I never really thought much about windsurfing until I took it as an activity here at Camp Shohola. As soon as I picked it, I was in for a big surprise!

The first few classes were fun, just like every other activity. We were able to go out onto the water and float around on just the boards. This helped us get an idea of how to balance on the boards. Still, that was nothing compared to what excitement I would be experiencing with an actual sail.

We learned the parts of the sail and everything else we needed to know about windsurfing. As soon as I put that sail on my board, I felt like I could take on any wind Blueberry Island threw at me. Windsurfing is really fun, especially when you realize that the only thing separating the sail from thrashing and violent winds is you.

Windsurfing is an incredible sport. My advice to anyone who wants to give it a try is "Do it!"

Power Boating

By Charles Babalola, cabin 13

Rowing is a very fun thing to do. It is a sport that helps you in a lot of ways. For example, it helps you mentally and physically. It helps you to overcome your fear of going out on a lake and it gives you a good workout. Apart from that, it's a lot of fun.

Fire Island Kayak Trip

By Scott Gaynor, working senior

We recently went on a kayak surf trip. Our destination was Long Island, New York. We headed to Fire Island, a popular surfing beach. We arrived around lunchtime and ate. Then we walked to the beach and started surfing. When surfing in a kayak, it is more difficult because the waves flip the boat over easily. At first it was hard to stay up. When I flipped over into the fifty-degree ocean water, I performed a water exit and swam back to shore to start again. The first campers to go in flipped fairly quickly, but sooner or later, we got used to the two-foot swells. We surfed for three hours.

After our first day of surfing, we all went back to our campsite and cooked chicken and veggies for dinner. The next day, we woke up early and ate eggs and sausage for breakfast. We got to the beach around nine in the morning. Justin, one of our counselors who lives in the area, called his father and asked him to bring us his boogie boards. Since there were more people than kayaks, the extra people used the boogie boards to pass the time. Aussie Rob used to boogie board back in Australia, so he was the best out of our group. He could do a lot of tricks, like 360's and standing up on the board.

Later that night, we went to the movie and had a nice time in the town. After one more morning of surfing, we drove back to camp Shohola. I enjoyed our trip.

8th Annual Pike County Swim Meet

By Stephen Kaplan, working senior

From the early lunch, to the actual races, and finally the ride home, the entire day is fun. The Pike County Swim Meet was held at Lake Owego Camp. Shohola, Lake Owego, Pine Forest, Lake Greeley, and New Jersey Youth camps all competed for the title of Pike County 2002 Champions.

Jared Schwartz, Ben Meissner, Juan Jose Jimenez, Cody Umbel, Ben Palitz, Paul Becker, Ian Slater, Matt Seskin, Eric Lubben, Noah Meissner, Paul Meissner, Zach Frankel, Milan Cimera, Stephen Kaplan, Andrew McRostie, Mike Berry, Joshua Talbert, Nick Phelan, Joe Polinger, Charles Babalola, and Daniel Brill all tried their hardest, with help from coaches Izaak Orlansky, Triin Sokk, Paula Burnett, and Mandy Pulker. We competed in medley relays, freestyle, backstroke, breaststroke, butterfly, individual medleys, and freestyle relays with the most enthusiasm out of all of the camps. In total, we had twenty-two top three finishes and ten of those were first place.

When swimming was over and the scores were tallied up, Lake Greeley came in 5th place, with thirty nine points, NJY was in 4th place, with ninety-two points, Pine Forest came in 3rd place, with one hundred and sixty-one points, Shohola came in 2nd with one hundred and seventy-six points, and in first place, with one hundred and ninety-seven points, was Lake Owego. Although we did not win, it was the best performance Shohola has had at the Pike County Swim Meet in a long time. The day was fun, and in our hearts, Shohola won.

Land Sports

Basketball 13-U

By Paul Schneider, cabin 12

Basketball 13-U is during period one on "A" days and "B" days. In this class, we do many drills to help improve our basketball skills. For example, we do full court lay-up drills. This helps you improve your shots from everywhere on the court. We also play knock-out. This is a fun way to practice your free throws and mid-range jumpers. Also, in this class, we scrimmage. This helps us practice our skills at everything and we learn how to play our best position. Basketball 13-U is one of the best classes you can take if you like basketball.

Ropes

By Andrew Schiff, cabin 13

The ropes course, as always, is an excellent class for any camper to participate in. In this class, campers are able to climb and rappel on many different courses. You will learn trust, teamwork, and cooperation, as well as develop a passion and skill for rock climbing.

As a two period class, it is packed with entertainment and fun for all ages. After climbing on one of four walls, you can ride the zip line back down to the ground. As a member of the ropes class, you are entitled to participate in fun-filled trips to Shohola Falls, The Gunks, and the Delaware Water Gap. There you can climb mountains, rappel, and traverse high across the rapids below.

On a daily basis, the Ropes course is a great activity. Campers can experiment with the "spider web", the zip line, swinging wall, and the suspension bridge. These obstacles provide excellent training and experience for when you climb the real mountain.

The Ropes staff cannot be forgotten, either. This year, consisting of about ten members, the instructors are always fun to be around. They teach you well and prepare you for tougher courses that lie ahead. Not to mention, they are also there for your safety and protection.

This class is one of my personal favorites and I would recommend it to all campers that would be interested in this type of activity.

Golf

By Zach Stone, cabin 16

I am in the only golf class offered in Camp Shohola. Although not the most liked sport in camp, the 5A-golf class is one of my favorites. We go to clinics, where we are taught by the pros to swing like a pro. In the class, we improve our skills in accuracy, putting and driving. We are also taught when to use each club and why. You can sharpen your skills and develop a better swing.

Shohola's golf class has made me want to be a better golf player. We go on golf trips all the time to play nine holes. We also learn some of the rules of an actual game in the class. The instructors have taught us everything, including the definition of 'par', the average amount of strokes needed to get to the hole, and how to properly set up the ball.

Another reason I like to play golf is because I get to wear cool shoes. It is one of the most relaxing sports I have ever played and you can play it all throughout your life. All people from every age can play the sport and you do not need to be very physically active or strong to play.

Outdoor Games

By Arlen Caplan, cabin 1

Outdoor Games is fun. We play street hockey, baseball, dodge ball, world cup, twenty-one, king of the mats, capture the flag, and gaga. My favorite is world cup. In world cup, you cannot shoot inside the penalty box. To win the game, you must score goals before the other teams. If all the other teams score before your team, you must sit out and play in the next round. The counselors are Jon G., Kevin W., and Kris. My friends and I love to play outdoor games. And we do a lot of the games in our free time. I think that everyone should take outdoor games. I think "we will, we will... rock you!"

Skateboarding

By Philip Ayers, cabin 5

In skateboarding the counselors are Jamie Ayers, Jon Bookstein and Kevin Powell. During work camp they made lots of ramps and Jamie also donated some of his ramps from home. We have a quarter pipe, a box, a bank, and a rail. They are also going to make two launch ramps in the future. On the box, you can do lots of grinds and you can do tricks off the side of it. On the quarter pipe, you can do stalls, airs, and grabs. On the bank, you can do lots of flip tricks. And on the rail you can do grinds too. The class is relaxed and you get a lot of time to skate. If you have any question about learning how to skate, you can ask Jamie Ayers for advice. It is always very frustrating learning the basics. But once you learn them, it is very fun!!!! Skateboarding is a lot of fun and if you didn't take it this year, you definitely should take it next year!

Conditioning

By Bryan Hill, cabin 9

During Conditioning, we exercise to develop muscles and self-esteem. In the first class, we took tests to see how many crunches and push-ups we could do in a minute and how many pull-ups we could do. After that, we had to run a mile. We did these tests so that we would know if we had improved at the end of the month. At the beginning of each class, we run two laps around the soccer field. Then, each person does different exercises instructed by Rob, the counselor. That about wraps it up for explaining conditioning.

Roller Hockey

By Philip Ayers, cabin 5

In roller hockey, we learn how to shoot, pass, puck handle, and play together. The main counselor is John Gushman and a lot of the time we just

scrimmage. Sometimes in roller hockey, we have competitions like 'Who can aim the best' or 'Who can deke out the goalie' best. We also learn how to set up for a game in all of the positions, such as goalie, right defense, left defense, right wing, left wing, and center. Gushman is a great hockey counselor and he is a fun guy to be around. Roller hockey is a lot of fun and if you didn't take it this year you definitely should next year!

Tennis

By Morgan Blanchet, cabin 16

Tennis is one of the greatest times I have during the day. Our instructors are not only good at what they do and good at making the class fun, but they also like hanging out or joking around with all the campers too. Already, after only a few lessons, the entire class has improved greatly. In tennis, the beginner classes learn the first fundamentals of playing. The intermediate class practices what they have learned and perfect their play. In the advanced class, the players further perfect their strokes and their game strategy. In the tennis class, you not only become a better tennis player, but you have a whole lot of fun.

Riflery

By Noah Meissner, cabin 16

I have taken riflery every year I have been at Camp Shohola and it's always a lot of fun. We start off learning basic rules for safety on the shooting range. Some of the important rules are: always point a gun in a safe direction, remember that a gun is not a toy, don't point a gun at someone as a joke, and that a gun is always loaded. Another rule is that if you shoot an animal you have to eat it. After learning rules and basic techniques, we start shooting. Our initial goal is to have a good grouping. Then, we work on centering our shots on the bulls-eye. But riflery isn't all work. We also have a lot of fun shooting cans. In my opinion, riflery is one of the best courses offered at Camp Shohola.

Street Hockey

By Colin Steinberg, cabin 1

Hi my name is Colin and this is my article on Street Hockey. My counselors in the class are John, Jamie and Mike. First we have drills in passing, receiving and shooting. Then we have a scrimmage. When we play, Steinburgs' are always offense because they work very well together. They make great setups and always score, even on Gushman. We also have Gabe Hanna, who

can really play the game, but everyone does great. The game of street hockey is unpredictable. Sometimes you score and sometimes you hit the post, just missing the goal by an inch and this is my report.

Nature

By Kyle Schiff, cabin 3

I like nature in many ways. We go on nature trails and find different types of animal trails and bugs. We sometimes do research on the bugs. We also catch things from the lake and the creek.

Our instructors are George and Eric. They are very funny too. I like them both. They are very kind and helpful. There is also a nature secret that I cannot tell you.

If you ever come to Camp Shohola, sign up for nature. You would love it. It is the best to me. Every year I come, I sign up for nature. If you do not sign up for it, you would regret it.

Riding

By David Noble, cabin 6

In my opinion, riding is the best activity at Shohola. You advance through four levels. You start as a beginner, just trying to walk around the arena and maybe trot a few times later at the end of the month. When you reach the intermediate level, you perfect the trot, which is very fun. After that, you become an advanced intermediate, which will let you start cantering. Cantering is when your horse leaps while running. The last level you can achieve is 'horseman level', where you really get to the fun stuff. You learn to jump and trot for long periods. When you become a Horseman, you use one of your activity periods to help clean the barn, tack horses, and feed the horses.

There are also a lot of other fun events you do in horse back riding, like swimming with the horses (that's where you ride the horses in the water). You also go on trail rides to horse paths. I think the most fun event is the Netimus Horse Show. That is why horse back riding is the most fun class at Shohola.

Advanced Lacrosse

By James Geoghegan, cabin 15

Advanced Lacrosse is a very useful and helpful period. Jamie Ayers, Kevin Wright, Kevin Powell, and Sarah Head run the class. In the class, we practice our basic skills, which include throwing and catching skills, line drills and scrimmaging. These teachings help to better our lacrosse game during the off-season.

Besides our usual class routine, we also have contests in and out of camp, which include playing with water balloons and various games against Lake Owego and Netimus. Other than the advanced class, there is also a beginner class that introduces the newcomers to the basics and gives them knowledge of the rules of lacrosse. Overall, lacrosse has come to be one of the favorite and most enjoyable activities.

Soccer

By Adam Gaynor, cabin 11

Soccer is one of my favorite sports. It is a very fun activity. You can do things like learn new skills and even play against other camps. Soccer is also divided up into age groups so you won't be with someone twice your size.

There are also nice counselors. They will listen to what you say and play games. They will also organize evening soccer tournaments around camp.

Street Hockey

By Max Steinberg, cabin 6

Hi, my name is Max Steinburg. I have period 1B street hockey. The counselors who instruct the class are mostly Jan Balner, John Gushman, and Mike Stransky. We are a pretty big class of kids. We usually start out with some drills and then we pick teams for a practice game. The best part about street hockey is the NHL leagues in camp. I play in the lower camp league. It's made up of four teams. They play each other and then play a championship game at the end of the four weeks. My team is undefeated. I have a lot of fun playing street hockey at Shohola.

Soccer

By Alex Nord, cabin 1

Hi. My name is Alex Nord and this is my report on soccer. In soccer, you do drills like pass, get away from defenders, and shooting. We practice making the goalie go one way and the ball go the other. After that, we usually have a scrimmage. I think Colin and Max are the best all-around players. The

game of soccer is unpredictable. Sometimes you score, miss, or hit the post. That is why I'm telling you to join soccer.

Ropes

By Alex Steinberg, cabin 1

Hi my name is Alex and I am writing an article about ropes. My counselors in ropes are Sarah, Ben and Chris. We learn in ropes how to lower ourselves down Shohola Falls and climb rock climbing walls. I love going on the zip line; it's so fun. Me and my cousins like doing flips. Right when I go, I scream funny words like, "I'm a flying pig!" or "I'm a man, not a machine!" I always say 'hi' to Jessica in Silver Shop when I pass there and go back. I drop the rope and lower myself down and run the rope back and I'm done.

Fine Arts

Ceramics

By Eric Insler, cabin 13

Ceramics is the most challenging class I have ever taken in Camp Shohola. My goal as a beginner is to make a mug. Everyone in the class is making a tile about Camp Shohola. We use a lot of tools in ceramics. One is called the 'rib'. It is called that because it used to be made out of ribs. Now it is made of either wood or plastic. We also use sponges. We can either use synthetic sponges, or the real thing. Long needles are also a necessity.

Alice, Ron, and Anne teach Ceramics. Anne is a professional potter. The hardest part of the class is using the wheel. You have to center your piece of clay exactly right on the wheel. Although it is the hardest class I have taken, it is also the most rewarding.

Planet Shohola 2002

By Paula Wettergreen, counselor

On Friday, July 12th, 2002, Camp Shohola put on a play by the campers, for the campers. The play was set in space and was a classic tale of good overcoming odds to beat evil. The cast was made up of the following campers and staff: Ryan Levan (cabin 15) as Puke Landswim, hero; Triin Sökk (counselor) as Ali 1 Kinali, mentor and leader; Andrew McRostie (Working Senior) as All Seeing Eye, mystic voice; Ethan Schmidt (15) as Adri Haze, female resistance fighter; Zach Frankel (15) as Daft Barger, evil

emperor; and playing as unhappy campers, good posse, and guards were: Colin Steinberg (1), Matt Seskin (4), Joe Polinger (4), Andrew Seabrook (3), Andrew Corner (5), Eric Insler (13), Ian Slater (4), Nate Storb (4), and Elliott Williams (3).

Also appearing in the play: Sander Lebau (4) as Bounty Hunter and Adrian Hazel (senior staff) as Narrator. Eric Lubben (11) was in charge of music; Eli Colman (8), Marshall Rader (8), and Edmund Carlton (8) were directing lights; Alice Herzigova (c), Jane Flemming (c), and Sandra Shakkour (c) helped with props and scenery; and Nathan Pensler (5) and Hector Vazquez (8) controlled the curtains.

The play was a great success and everyone had lots of fun. Special thanks must go to Helen Cimera (nurse) for some of the props and to Camp Netimus, who generously lent some clothes to Camp Shohola. Adrian Hazell must be thanked for being so good at making things up at short notice.

As a half time treat, counselors performed "Time Warp" from The Rocky Horror Picture Show, to the complete enjoyment of all those present.

Silver Shop

By Tyler Woods, cabin 9

Silver Shop is a challenging activity that forces the camper to strive for the best. Most other camps do not offer such a unique activity, so I am glad that Shohola does. Some kids make rings or bracelets. Meanwhile, others make their own creations.

The counselors for this activity are exceptional. They provide guidance and teach us how to use different instruments, like the polisher or the torch. My piece of work is very difficult and intricate, but the counselors are very helpful and are helping me with it. Silver Shop rocks on!!!

Rocketry

By Andrew Schiff, cabin 13

I have rocketry period 3A and it is fun. Our teacher, Andras, shows us how to make rockets. He also makes sure that we are safe and that we don't make mistakes. We can choose which skill level to make. There are three levels, the third level being the hardest. I chose to make a level 2 rocket. At the time of writing this, I had just attached the engine holder and the fins to the main rocket body. I am very excited because when our rockets are finished, we get to launch them!

Communications Technology

Advanced Electronics

By Jon Noble, Working Senior

What I found most interesting about Camp Shohola is the diversity in the activities offered. These activities range from water and land sports to arts and crafts and tech classes such as Advanced Electronics.

At first I was concerned about signing up for Advanced Electronics. I worried that it might be too hard, or maybe too easy. I thought that I might not know enough to take the class. Those thoughts soon changed as Dave Love walked up to the Commtech porch and started to explain everything we would need to know. On the first day alone, we learned everything from the exact definition of electricity to the workings of sound waves. There are two basic parts to the electronics class: The beginning of class has to do with learning the basics of electronics and building a small device of our own from our own imagination. The second part of the class is choosing and building different electronics kits like a strobe light or FM transmitter from given parts. A great combination of teachers and campers make this class a fun experience to have at Camp Shohola. Even though the class is fun, it does require some work. Therefore, the class should be taken seriously. Any one with even a small interest in electronics and science should love this class.

Web Page Design

By Gabriel Hanna, Working Senior

There is a class called Web Page Design. The class offers many challenges, but you can overcome them. The Internet can also be available for the use of web page design. The tricks offered at web page design are very interesting and also fun. The program that they offer for web page design is simple and easy to learn. The teachers at web page design are friendly. Web page design is the most educational thing you could do on the Internet.

Computer Music

By Dan Cimera, cabin 4

Computer Music is really cool. I like it because you can use so many different instruments and make different sounds and different rhythms. You can use instruments like guitars, drums, and cymbals. The counselors help you out

when you change instruments and things like that. After you make a few songs, you put them on a blank CD. If your friends like the songs you made, then you could burn the CD on other blank CD's and then give it to them. Computer music is a really cool class and if you didn't take it this month or this year, you should take it next time.

Electronics

By Paul Meissner, cabin 15

This summer at Camp Shohola, I took Electronics. It was my second year taking this class, but it felt as though it was a new experience all together. They had changed the class around to clarify new things. We learned the importance of electricity and how we control it to fulfill our needs. My favorite class was when we were able to feel the effect of electricity. We also were able to build our own small appliances to provide hours of amusement. The electronics that I took was for beginners to intermediates, but no matter how much experience you had, it was still fun.

Photography

By Daniel Brill, working senior

This is my second year taking photography at Camp Shohola, and I think it is a top-notch activity at this camp. Last year, when I was in cabin 15, I reluctantly took photography. I soon enjoyed myself very much in the class. In photography, you learn how to roll film and put it in a camera. You also learn about all of the components of the camera including the aperture, the focus, and the light meter. After learning how to use the camera and rolling film in it, you can take still, action, dark or light pictures. Since I am a working senior, I can aid in the class. When I am an aid, I help the instructor by taking some of the campers out to take pictures, and the other campers stay with the instructor and print pictures. Sooner or later, all the campers will learn how to develop and print pictures through rotation.

Amateur (HAM) Radio

By Daniel Schoenholtz, cabin 7

In HAM Radio we talk on short-wave radios with other radio operators from all over the world. We are learning the Morse code and how radio signals bounce off the ionosphere. There are eight transceivers in the HAM radio room. Four operate on the shortwave frequencies and the other four are on the VHF and UHF radio bands. We use a computer that will automatically print the Morse code and will also tell us how well we are sending the code.

The computer will also show pictures that hams send to each other. There are a lot of programs on the Internet that Hams use. Tom Gibson, the Amateur Radio counselor likes EchoLink, a program that lets us communicate over other radio repeaters from all over the world using the Internet. Our call sign is WB3DGR, the Camp Shohola Amateur Radio Club. Search for WB3DGR, our web site on the Internet and see if you can copy the morse code message.

Radio Broadcasting

By Alec Mitrovich

Radio is easily one of my favorite periods. We get to learn all about what our camp radio stations does. Learning how to operate a radio control console is very difficult but once you get the hang of it it's really fun. Going on the air is also extremely exciting. Every time I flip the 'On Air' switch, I get the jitters. It's so amazing how our camp has it's own radio station. In class, we learn all about radio terminology and the do's and don'ts of radio. We get to use everything from MP3's on the computer to MiniDiscs and cart machines. In radio production, we make PSAs, PROMOs, and Ids for use on air. PSAs are Public Service Announcements, which reinforces a positive life style to all that listen. Promos promote a certain show on the air schedule and Ids are short sayings reminding our listeners what they are listening to. We record announcements by using a program called Cool Edit. Radio has been a really fulfilling experience and I will sign up for it every year.

Internet

By Jared Smith

How do campers and staff communicate with the world while attending Camp Shohola? The Internet! Camp Shohola is the only summer camp in the area to have a fully working camp wide network (LAN) consisting of over fifteen computers all connected to the Internet on a high speed connection. Campers have the opportunity to access the Internet whenever the computer room is not being used for activity classes. Along with the network computers, We also has five e-mail computers, where campers and staff can write e-mails home. E-mails sent into camp are printed and given to the campers during rest hour.

Many excellent courses are offered in the computer science area. Some courses include Pascal programming language, web design, and computer music. Qualified instructors teach the classes, with two, Tom Gibson and Dave Love being college professors.

2nd Month

Camp Life

A Look Inside

In order to get to know some of the staff around Camp Shohola, a few volunteers filled out "Profile" questionnaires. All of these staff members are here at Camp Shohola for the first time.

Alana Hodgins

Age: 23

Where are you from and/or where do you live? Brisbane, Australia

Occupation: Web Designer – Multimedia

How did you hear about Camp Shohola for Boys? Word of mouth. Sister-in-laws, sister

What do you do here at Camp Shohola for Boys? I teach Web Design and Video Production. I also supervise the Computer labs.

What have you learned from doing this job? Patience. I think I have had a glimpse at American society and experienced life here.

Cara Meling

Age: 20

Where are you from and/or where do you live? Lackawaxen, PA / Penn State University

Occupation: Student (photography/art major)

How did you hear about Camp Shohola for Boys? From my mother, George, who works here.

What do you do here at Camp Shohola for Boys? Nanny!

What have you learned from doing this job? One thing that I've learned is how to be patient. When you're watching small children all day, you need to know that it takes them longer to do things that we take for granted, like putting shoes on or walking up a set of stairs. But overall, camp has been a great experience and I loved being around people from all different backgrounds. I will always remember my little flock of tookie birds.

Jocelyn Payton

Age: 47

Where are you from and/or where do you live? Born in Durham, NC, but grew up in Brooklyn, NY. Now I live in East Stroudsburg, PA, after relocating from North Carolina.

Occupation: I am retired

How did you hear about Camp Shohola for Boys? Marnita Henderson is always singing Camp Shohola's praises, so I wanted to find out myself.

What do you do here at Camp Shohola for Boys? I volunteer in the Kitchen when and where I'm needed.

What have you learned from doing this job? I have learned that it is tireless and thankless, but rewarding when you can put a smile on a boy's face.

Triin Sokk

Age: 21

Where are you from and/or where do you live? Estonia

Occupation: Psychology student

How did you hear about Camp Shohola for Boys? I met Adrian at New York Wagner College, where I was waiting to get a camp. I'm very glad that Adrian chose me.

What do you do here at Camp Shohola for Boys? I work at the waterfront. I teach almost all the activities there, including swimming, canoeing, windsurfing, and kayaking. I also try to be a happy camper.

What have you learned from doing this job? When I first came, I did not know much about camps or camps like Shohola. It is very different from where I come from but I love it here. It is a great experience for kids and

also for me. I can do things I've never done before and I have learned how to share my experience with other people.

I have made a fool out of myself, but it feels as if this is a normal thing to do. I'm having fun!

Morten Rasmussen

Age: 21

Where are you from and/or where do you live? I am from Denmark, and right now I am living with my parents. I am moving to my own apartment when I go home.

Occupation: I finished gymnasium 3 years ago, and then I worked in a daycare center for a year, with kids from 9-10 years old.

How did you hear about Camp Shohola for Boys? My friend Fred was here last year and he wanted to go again, and I joined him. He worked in the same day care center as I did.

What do you do here at Camp Shohola for Boys? I teach a lot of land sports. I teach soccer, hockey, riflery, archery, martial arts, and a lot of tennis. Fred and I are Head of Tennis at camp.

What have you learned from doing this job? I have learned very much, not only about myself, but also about other people. It is a big experience to work together with so many people. I have realized how important teamwork is, and it is not only for the counselors, but also among the campers. If there was no teamwork, there would be no camp; it is that simple.

I have also learned that camp work is very hard, but it is worth it. I have had a great summer, and if I have the time, I will probably be back next year.

The Talent Show

By Jon Hammer, counselor

From Greg Tinkham and the Human Contortionists, to Juan Manuel Jimenez, "The Mexican Jumping Bean," to the Czech Mafia, the Camp Shohola Talent Show was an exciting one. We had many talented acts consisting of both campers and counselors. From the opening act with Jamie Ayers and the working seniors, we could tell it was going to be a success. We had two late

entries that proved to be pleasant surprises. The "Campfire Favorites," Dave Seskin and Rob Paderofsky, put on a great show of marshmallow tossing and dancing, and Ron Zeiler gave a more traditional performance with his harmonica songs. The old talent show favorite, "micro-midgets" were hilarious as always, but in the end, the Czech Mafia prevailed by using covert tactics to win the Talent Show. We look forward to many more performances next year.

Meaningful Days

By Kris Mercer, counselor

Early this year, I knew I was supposed to attend Camp Shohola. I didn't know how meaningful it would be. Last summer, my wife and I had a baby boy named David Kase. He was born without kidneys and with under-developed lungs. It was a difficult summer and at the end, he passed away.

It is very possible that the campers at Shohola have meant more to me than I have to them. I am forever grateful for the opportunity to shoot lay-ups, catch fish, play golf, and cook burgers with Camp Shohola's sons.

Throughout daily activities, I have witnessed character traits and qualities of young men that I would have liked my own son to have. I would have liked him to have the heart of Eric Cortellessa, the overwhelming smile of Sam Pensler, the brute strength of J.P. Colussi, the leadership skills of Mark McAuliffe, the wit of Zach Stone, the laugh and courage of Shawn Lee, and the enthusiasm of Andrew McRostie. There are many more young men whose character traits and qualities touched my heart.

My son was born on June 12th and he passed away on August 18th. That summer was the hardest of my life. This summer, I arrived at Camp Shohola on June 12th and camp ends on August 18th. It may be a coincidence, but it means much more than that to me. Thanks Camp Shohola!

The Kitchen

By Cody Weinberg, cabin 2

We here at Shohola all agree on one thing. We have all had awesome and outstanding meals. Every day for breakfast, we have cereal, then a hot meal. And lunch and dinner are good too! I just don't know what to say, but at least I can say on thing that's true. We have the best kitchen staff!!

Life as a Counselor

By Sarah Head, counselor

While being a counselor is undoubtedly a lot of fun, it surprises many people (even the counselors themselves, at times) just how much hard work is involved. When we just turn up, approximately a week before campers arrive, there are seven days of grueling labor to do. This includes things such as painting, setting out the docks on the waterfront, bringing out all the boating equipment, and then general clean-out. Very messy. However, it is by doing all these tasks that friendships and working relationships are established between staff. We have so much fun.

Being a female counselor, I am assigned to a cabin (hello cabin 11) each month. Within this role, I help with cabin clean-up, police duties, dances, and I get to do the fun things on cabin nights such as helping out with bowling and eating ice cream!

The really hard work, though, comes in organizing all the extra activities that make camp the most fun. For example, this month alone has included things such as the Pirate's Breakfast, Breakfast in Bed, International Food Day, and Super Hero Day.

Despite all the hard work, I can't imagine doing a more fun and rewarding job in my summer vacation! This is the reason that I doubt this year at camp will be neither mine, nor many of the other counselor's last summer here at Camp Shohola. It's an addiction that keeps us coming back every year!

Windsurf Acrobatics July '02

By Adrian Hazell, assistant director

The late afternoon sun was shining brightly across the rippled water of the lake, as the first "Camp Shohola Windsurf Acrobatics Championship" commenced.

Using the windsurf board as their stage, the 11 talented youngsters each had two attempts to impress and amaze the esteemed panel of officials. With a combination of flips, twists, dancing, and free-style entertaining, the campers had to win their way into the judge's favor. The cat-like balance and simian agility of the acrobats had the spectators staring in awe, with the campers/gymnasts finishing off their routines with some impressive dismounts into the cool Shohola waters. After scintillating performances by Juan Manuel Jimenez, Mike Karp, Ben Lerner, Pablo Martin, Joe Polinger, Jared Schwartz, Andrew Seabrook, Ben Share, Hector Vazquez, Joe Von

Schmidt and Tyler Woods, the judges retired to try and separate the field by score.

Andrew took 3rd place, and Jared took a solid 2nd place with a series of impressive flips. In 1st place, scoring 9/10, Juan Manuel Jimenez took the title with his all-singing-and-dancing effort – the best ever Windsurf Acrobatics performance in camp Shohola’s history.

Pizza, Pizza, Pizza!

By Eric Cortellessa, cabin 5

My name is Eric Cortellessa and I’m writing about the kitchen. The kitchen staff is very nice, and the food they make is always very good, but sometimes just not my kind of food. There is always a good selection to eat. The kitchen staff consists of Marnita, Jermall, Kamil, Jocelyn, Andrej, Jozef, Jakub, and Filip. They are all a good group of chefs. My favorite meal here at Camp Shohola is pizza and curly fries. My least favorite meal is mashed potatoes, bread, and ham.

Camper of the Week

Waterfront

Kayaking: Sean Lee, Jordan Eilat, Jamie Duarte; Winsurfing: ShuShu Dube, Cody Weinberg, Taylor Luskin; Sailing: Hector Vasquez, Erik Pearson, Cody Weinberg; Fishing: Quin Trigg, JP Colussi, Philip Khoury; Swimming: Malcom Hale, Thomas Parker, Kamiyo Gatlin; Canoeing: Jonathan Helman, Danny Lee

Landsports

Skating: Juan Manuel, Phil Weiner, Patrick Daugherty; Lacrosse: Mark McAuliffe; Soccer: Eric Asker, Shawn Lee, Eric Cortellessa, Noah Sennett; Riflery: Gabe Hanna, Phil Weiner, Danny Tessler; Basketball: Jorge Quiles, Teron Bridgett, Elon Bridgett; 11-U Basketball: Kamiyo Gatlin; 13-U Basketball: Jason Anderson; Baseball: Greg Tinkham; Hockey: J.P. Colussi, David Hecker; Archery: Carlos DeLlano; Riding Fall of the week: V.J. Scrapits; Riding: Aaron Insler, Joe Pollinger; Ropes: Elliott Williams

CommTech

Radio: Andy Edwards, Ethan Schmidt, Zach Frankel; Sports Broadcast: Andrew McRostie; Computer Programming: Max De Arriz; Photography: Jonathan Helman, Andy Beate; Video Production: David Angeles, Andres

Angeles; General Technology: Ethan Schmidt, Elliott Williams, Robert Bortner; HAM Radio: Zach Howard; Caller of the week: Josh Fleishman; Web Design: Malcom Hale, Patrick Duff; Amateur Radio: Max Lifson; DJ'ing: Matt Adelman

Fine Arts

Stained Glass: Erik Pearson, David Angeles, Cody Weinberg; Rocketry: Taylor Luskin, Elliott Williams, Joe Polinger; Woodshop: Zach Frankel; Pottery: Jonathan Helman, Max Lifson, V.J. Skrapits; Silvershop: Greg Tinkham, Ben Staples; Cartooning: Roberto Baptista, Cody Weinberg

Miscellaneous

Tripping: Stephen Kaplan, Reade Etherington; Astronomy: Elliott Williams; Apache Race: Andrew McRostie; Nature: Pedro Orozco, Philip Khoury; Ocean Trip: Sam Selub; Hiking: Joe Von Schmidt

Snowballs, Snowballs, Snowballs

By Mandy Pulker, counselor

Unfortunately, you have to be a knighted Polar Bear to know what we did this summer in Polar Bear Club. What we are able to tell you is that all campers and counselors who took part in this outrageous activity enjoyed every moment.

For five consecutive days, we woke up at 6:30 a.m. and went down to the water's edge, where we participated in different activities. At the end of the fifth day, all Polar Bears were knighted and taught the Polar Bear Secret Handshake.

One of the advantages of being a Polar Bear is the privileges you are entitled to. These privileges range from ice cream to being allowed to jump on the water trampoline.

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Amateur Radio

By Daniel Schoenholtz, first month camper

In HAM Radio, we talk on short-wave radios with other radio operators from all over the world. We are learning the Morse code and how radio signals

bounce off of the ionosphere. There are eight transceivers in the HAM radio room. Four operate on the shortwave frequencies and the other four are on the VHF and UHF radio bands. We use a computer that will automatically print the Morse code and will also tell us how well we are sending the code. The computer will also show pictures that Hams send to each other.

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Photography... Without Film

By David Angeles, cabin 6

I'm new at Camp Shohola but I have liked Digital Photography very much. I didn't know how to use a digital camera, but now I'm learning. I didn't know that you could mix the images. But well, one can't know everything. Or can you?

I have had much fun this month in digital photography and I hope that those of you who return will choose to take the class.

Anatomy of "Stuff"

By Ethan Schmidt, cabin 15

General Technology is a new activity offered in 2002. Mark Baier teaches this fairly small class on the CommTech porch, where we learn paper-and-pencil games and other mind-stretching exercises. Currently, we are carefully dissecting an old lawn mower.

We've not only learned the inner workings of a simple combustion engine, but the many uses of the tools inside Mark's magical toolbox. It is fun.

Radio Broadcasting

By Eric Cortellessa, cabin 5

My name is Eric Cortellessa. I'm in cabin 5 and I take Radio Broadcasting. I enjoy being the people's listening pleasure. I don't like taking so much time to learn everything. I met Sam Edwards. Nothing exciting has happened yet, but I think something will come up. It takes about two weeks to become a

DJ. Until then, you learn how to operate the radio board. I want to do a talk show on WCSR, Camp Shohola's radio station. I recommend Radio Broadcasting to everyone.

No Academy's Here

By Gabriel Paoletti, Cabin 14

This summer I took a new class, Video Production, for the first time. I learned how to use a camera and that was the coolest thing. I met new people; and with these people, we work on CommTech's porch. The major thing we used was the camera, but most of us had to act. We decided to do a Jeopardy show. The project is proceeding very well. In our Jeopardy show, there is a host, a skateboarder, a pop group, and two Mexican brothers. Each of us gets to ask three questions. I think that the people who are teaching Video Production are having fun too.

Information Super Highway

By Jared Smith, guest reporter

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WCSR Greeley Rock

By Alec Mitrovich, first month camper

Radio is easily one of my favorite periods. We get to learn all about what our camp radio stations does. Learning how to operate a radio control console is very difficult, but once you get the hang of it, it's really fun. Going on the air is also extremely exciting. Every time I flip the 'On Air' switch, I get the jitters. It's so amazing how our camp has it's own radio station. In class, we learn all about radio terminology and the "do's and don'ts" of radio. We get to use everything from MP3's on the computer to MiniDiscs and cart machines.

In radio production, we make PSAs, PROMOs, and Ids for use on air. PSAs are Public Service Announcements, which reinforces a positive lifestyle to all that listen. Promos promote a certain show on the air schedule and Ids are short sayings reminding our listeners what they are listening to. We record announcements by using a program called Cool Edit. Radio has been a really fulfilling experience and I will sign up for it every year.

Photography...with film

By Daniel Brill, working senior

This is my second year taking photography at Camp Shohola, and I think it is a top-notch activity at this camp. Last year, when I was in cabin 15, I reluctantly took photography. I soon enjoyed myself very much in the class. In photography, you learn how to roll film and put it in a camera. You also learn about all of the components of the camera, including the aperture, the focus, and the light meter. After learning how to use the camera and rolling film in it, you can take still, action, dark or light pictures. Since I am a working senior, I can aid in the class. When I am an aid, I help the instructor by taking some of the campers out to take pictures, and the other campers stay with the instructor and print pictures. Sooner or later, all the campers will learn how to develop and print pictures through rotation.

A Relaxing Day

By Stephen Kaplan, working senior

On August 8th at about 10:00 a.m., we left Camp Shohola, bound for the Gunks. In the van were seven people in total. There were two counselors, Chris and Beth, and 5 campers: Josh Einhorn, Hector Vazquez, Brian Onley, Fernando Montes, and me.

It was a beautiful day, and although our original plans were thwarted by the DEC (Department of Environmental Control) because we didn't make reservations, we eventually did get to climb. One of the climbs was a crack called "Ken's Crack." It was rated a 5.9 out of a possible 5.14. It was a great, hard climb, and at the end of it, at least I knew that I couldn't have tried harder. Although Chris and I were the only ones to reach the top, I am positive that the others could have reached the top had they owned rock-climbing shoes.

After the two routes were climbed, and then we were taken down, everybody went swimming in the natural spring. All in all, everybody had fun, and it was a relaxing day at the Gunks.

The Wheels on the Bike Go Round & Round

By Eric Insler, cabin 13

“What comes up, must come down” is the only proverb that matters to mountain bikers. On Wednesday, July 24th, I went on a mountain biking trip with Gabe, from Hungary, and Erik, from Denmark. We went to a local mountain, over the Delaware.

The beginning of the trip was rough and challenging. Sharp up-hills and inclines led to short down hills. We did this for an hour and a half, until we reached an overlook. This gave us a serene view of the Delaware River.

On our way back, we ate lunch by a waterfall. After we ate, we swam in the lake. We then took a shorter trail home, before ending with an even shorter trip by Shohola Falls. It was a great trip.

The Big Y

By Jeff Sadri, working senior

The Big Y is a 3-day white water rafting trip. About 15 campers went. The counselors that were on the trip were Johnny A., Heidi, Angie, Aussie Rob, and Justin Von Schmidt. It turned out to be a lot of fun.

The rapids ranged from class 3 to class 4, which is an intermediate level. No experience is required. Five people, including a counselor, are in each raft. The river is 7 ½ miles long, with some spots of calm water. Along the way, we stopped for lunch, which consisted of cold cuts and peanut butter and jelly. We were also able to swim one of the rapids; it wasn't very rough. There were 2 types of rapids, waves and hydraulics. A wave is just like that in the ocean; a hydraulic is an occurrence of “sucking” water. There is always a drop and the people in the raft have to paddle very hard.

It took us six hours to get to the campsite. Everybody set up their tents and had dinner. The next day, we rafted along the river. Last year, when I went on the Big Y, we stopped at the natural water slide. We did not have time to do it this year. During some of the roughest and biggest rapids, people fell out of their rafts. For example, my raft, which consisted of all the working seniors, hit a rock very fast. Our raft flipped over, but luckily no one was hurt. It was very freaky. At the end of the day, everybody was tired.

The last day, we took down our tents and headed back for camp. We even got to stop at a fast food restaurant for lunch. The Big Y was a great experience. No matter what age you are, you can go. If you want to enjoy a challenging and fun day of rafting, go on this trip.

Mountain Biking

By Martin Miloschewsky, working senior

This trip was a bit different than the others. We were only two campers and two counselors. No other people from second month have interest in mountain biking.

Trip started like usual with meeting at 9:30 a.m. in dinning hall to prepare some sandwiches for lunch. Today it was really fast; at 11:00 a.m. we left to horse stables for bikes. At 11:10 a.m. we left with all gear ready for biking.

Today we found our destination really quickly, because Gabe was there last year. The place was nice and no one was there yet.

Now we had about two hours between first part of trip until lunch at 1:00 p.m. We rode in a wood where there were a lot of fallen sticks and sometimes trees too. There must have been a strong storm last day, and maybe in night also. Trail was not so difficult. But there were a lot of intense hills. Eric Insler has sometimes a bit of problems, but he was brave and got up the trail with a happy mind and smile at his lips. After an hour, we reached the top of highest hill in nearest county. We saw some river in the valley (I think that it was the Delaware River). Eric took some pictures, so I hope you can see it. The trip back was really faster, because we went mostly uphill on way forward, so on the way back we get mostly downhill. It was awesome because I like fast parts. For lunch, Gabe chose really lovely place under waterfall. We had our bathing suits, so we could go swimming. Water was really warm and tidy. Some older guys were jumping from a high rock to the water. We tried to go through the waterfall. It was really nice massage for our tired muscles. We spent there about one hour. We were recharged, so we could continue with biking. We tried another trail from the parking lot, but it returned back to the main trail. So we went to the car and tried to find some trails in Shohola Rest Center, but we didn't find anything. So the trip ended at half past three, a bit earlier than normal, but it doesn't matter. This trip was a nice example of a really good trip of Camp Shohola.

White Mountains

By Reade Etherington, working senior

I was very excited to find out that we were doing this trip again this year because last year it contributed to my personal growth mentally and physically.

On the first day, we only hiked 2.5 miles to our campsite because it is straight uphill and we weren't really in shape at all.

On the second day, we felt so refreshed to be hiking, because our muscles are already much stronger than before. The second day is the longest hiking day because we cover over 12 ½ miles and peak over 3 mountains. This hike really assures that you get a good night's sleep because it is so challenging.

The third day we only hiked a little over six miles because all of us were so exhausted from the long hike the previous day.

The fourth day starts with a very hard ascent and on this day we peak our hardest and highest mountain, Mt. Lafayette, which had amazing views. When the hike is over, I was sad to think I might not get to do it again, but happy because it was so hard.

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Roller Hockey

By David Hecker, cabin 8

In 13 and under Roller Hockey, we have so much fun. Usually in class we do some drills. After we do the drills, we usually play really fun scrimmages. The teachers are John Gushman, Fred Dam, and Mike Stransky. All of them are nice. What I like about roller hockey is that the counselors ask you what you want to do instead of doing what they want to do. They are very good teachers of roller hockey. I think that Roller Hockey is the most fun class in camp. I met many new people that I will remember for a long time.

Having fun with Ropes

By Brian Bomalaski, Cabin 15

Ropes class has been a Camp Shohola classic course that everybody enjoys. The class is a two period class, which is well needed for the challenges that

"Patty Wacker" assigns us. We got to use a variety of equipment, climb on a variety of walls, and zip on the zip line.

There are very exciting things there, such as the giant's ladder, which is my favorite. It is a series of bars going up that are separated by gaps of four to five feet. You and your partner have to help each other get up because the ladder swings and is not connected to the ground on the bottom.

The one thing that I hate the most is when Varkies makes you do push-ups and kiss the rope if you step on it. We cannot step on the ropes because it makes the rope weak over time and could break. But Ropes is one of the best classes in camp so I definitely recommend taking the class if you haven't taken the class yet.

Hoopin' it Up

By Charles Babalola, cabin 13

This year, 15-U basketball is one of my favorite classes. The instructors help us improve our skills by working with us individually. We practice shooting drills, lay ups, fast breaks, and other techniques. In addition to practicing, the class also scrimmages. The instructors divide the class into groups, which play against each other. We play other camps like Greeley, Pine Forest, and Owego. We beat those camps at basketball due to our great counselors and training. Personally, the class has made me a lot better and I have a very good chance of starting on my school team. I would like to thank especially Kris Mercer and the others who helped me play better. Thanks Kris and Shohola.

Nature! Nature! Nature!

By Pedro Orozco, working senior

Hello, my name is Pedro and I am a working senior talking about Nature. In Nature, you learn things that help you to understand nature and its good to know them. The thing I most enjoy in Nature is all the silence you hear. It is so peaceful and there is no screaming for no reason. But I don't like it when we talk about things like clouds, or other things that aren't very interesting to me. I met Sandra. We smelled a lot of things; but I am not good with smells, so I don't think I can match smells with objects. I hear the best sounds, like the birds and the river. I recommend that all of the people who don't know how to be calm take Nature because nature relaxes you so much. It is so nice.

The Apache Race

By Julien Nadeau, working senior

The Apache Race is a Green and White event that is held every year during the second session. The race combines 65 different events, ranging from shooting 10 free throws to finding a potato in the crib. It is usually completed in about 2 ½ hours and helps to determine the winner of the Color War at the end of camp.

Every camper in camp participates in this enormous race, unless they wish not to be a part of it. Usually the working seniors stay out of the race, but this year they participated. While campers participate, the captains and co-captains of both teams run around camp and get the rest of the campers ready for their events.

The winner of the Apache Race receives 75 points, but there are also 5 different bonus stations. The losing team could reach all five bonus stations first and still tie the winners of the race. This year, the Green team won the Apache Race, partly because of some new rules.

Swollen Baseball

By Josh Fleishman, cabin 15

Softball has always been a Camp Shohola excellence. Our boys are known for beating any team that steps onto the field. But where it all starts is in the softball class. The counselors and campers are always doing things to make each individual become a stronger player, as well as true team player. From experience, the demands of the counselors helps me stay fresh during the off-season and makes me a better player. Softball is a great game and I would like to see Shohola's reputation of winning last for many summers to come!

Mini Tennis

By Ethan Schimdt, cabin 15

Ping-Pong is fun. Camp Shohola has four ping pong tables to play on, so that everyone can play at the same time. Sometimes we play doubles or put two tables together and play four square. Our counselor, Tomas, formed a mini-tournament and we played and recorded our scores. I have become a better ping pong player, since I get to practice against some other good players in my class.

The Art of Kicking and Punching

By Christian Blandford, cabin 13

Martial Arts is fun and sometimes strenuous. It teaches you discipline and cool kicks. I like the Martial Arts program at Camp Shohola because we are learning new and cool things.

I take Martial Arts at home, so I enjoy taking Martial Arts at camp. At the beginning of class, we stretch and do exercises. Then we learn new moves and practice them.

I like Martial Arts and it is a fun sport. It teaches you cool things about life and Martial Arts.

Knots, etc.

By Christopher Gibson, cabin 7

Ropes is an excellent class. In this class, you will learn to climb several different courses, as well as rappel. You will learn trust and teamwork, as well as a passion and skill for climbing.

This two period class is packed with entertainment and fun. After climbing the wall, you can ride the zip line. You may also go on fun-filled trips to Shohola Falls, where you can rappel down a 120-ft. cliff, as well as a fabulous assortment of different places.

The ropes course is great. It has many different attractions, such as the "Spider's Web," the zip line, the swinging wall, and the log bridge, which is suspended about 50 ft. above the ground. It is well designed and built to bring you fun and excellent training for the mountains.

The ropes instructors are awesome. They are fun to be around and they prepare you for your adventures that lay ahead. They help and guide you to have the greatest time here at Shohola. This class is one of the best and I recommend it to all who attend Camp Shohola.

Hug a Tree in PA

By Hector Vasquez and Marshall Rader, Cabin 8

Nature is, by far, our favorite class because all the counselors (George, Eric, and Sandra) are very nice to us. We've taken Nature for all of the years it has been offered. Every year, George comes up with new learning materials and new activities. In Nature class, we learn how to catch animals and take care of them. We also enjoy the Nature Trail. The nature cabin is right in

front of the creek and there are woods surrounding it. We even tasted mint leaves and blue berries. We heard crickets and the creek water flowing. We smelled mint leaves too. In nature class, we used nets to catch whirligigs and butterflies. Everyone always enjoys the nature secret, which always brings smiles to people's faces.

Giddy' Up

By Edmund Carlton, Cabin 8

This year I have taken riding for the third straight summer. I am in the advanced intermediate class. We learn walking, trotting, cantering, and jumping skills. The teachers are Dave Seskin, Karen, and Karin. Every year, everyone in riding participates in the Netimus Horse Show for a friendly competition. It is lots of fun. While that happens twice a month, an even more competitive horse show happens only in the second month. It is the Green-White Horse Show. It is one of the more important Green-White events. That is all I have to express, besides that riding is really fun!

LAX

By ShuShu Dube, cabin 3

Lacrosse is a fun sport. I like Lacrosse because I enjoy sports in which you use equipment other than hands and feet. In class, we practice techniques such as stick handling, passing and shooting. We scrimmage each other and also other nearby camps. No matter what skill level you are, Camp Shohola has a class for you!

Intra Camp NHL

By Mark McAuliffe, working senior

Within Camp Shohola, there are sporting competitions in sports like street hockey, basketball, and soccer. We form four teams that play each other to become the champions for the summer. One sport that I enjoy a lot is street hockey. I always want to be the champion for the summer.

This year, I am a captain of one of the NHL teams because I am a Working Senior. During the first month, my team won one game out of three games, but it is not affecting the championships for the summer. The games were very close and lots of fun.

The first game of the second month started out strange, with a huge victory over another team, nine to one. We still have more games to play, and I am

sure that we will play well. The intra camp games are a lot of fun because it gives us something to do during evening activities and show our skills in many different sports.

Pike County Track Meet

By Natasha McCarthy, counselor

On Sunday, July 28th, Shohola took part in the Pike County Track Meet. Competing against Owego, Lake Greeley, and New Jersey Y, a team of 13 boys competed in 13 events, in both the 13 and 15-under age groups. In hot, humid conditions, and with little time to rest in between races, the team managed a number of top 3 finishes.

Notably:

Fernando Laposse in the 13-U, and Josh Fleishman in the 15-U, both placed 3rd in the 400m. Robert Schiff placed 2nd in the 15-U 1600m. Josh Fleishman came in 3rd in the 15-U 110h. In the 100m Dash Finals, Brian Onley was 3rd in the 13-U and Gabe Hanna placed 3rd in the 15-U.

In Standing Long Jump, Ryan Levan came in 3rd in 15-U. And in Long Jump, Brian Onley placed 3rd in the 13-U. Congratulations to these guys and to all the boys that represented Shohola!

This year, we are also proud to announce that Shohola broke four Pike County Track Meet records:

Skateboarding

By Phil Weiner, working senior

We started off the second month with a few advanced skaters. As the session went on, kids began learning how to ollie, kick flip, heel flip, and were trying grinds left and right. Jamie Ayers and I both taught kids how to flow when they skate and how to make your tricks feel smoother when you do them. In the beginning, we all set goals. Maybe they were tricks you were trying to do, or maybe it was overcoming a fear of falling.

Philip Ayers and Ben Schlosser acted as smaller aids when Jaime and myself weren't able to help everyone in a period. I believe that most of Shohola's skaters will go home with at least one new trick up their sleeves.

European Football

By Rusty Mower, cabin 3

Hi, I'm Rusty and I am going to tell you about soccer class. We do drills to help us catch the ball with parts of our body. We dribble and also do drills to improve our dribbling. We often play World Cup, scrimmages, and we go out and beat other camps in soccer and in tournaments. We have a really great time in competition and in our regular class time.

Fine Arts

Martial Arts and Crafts

By Taylor Luskin, Cabin 8

In cartooning, we really don't learn. It's more like you just do stuff, and learn as you go. In cartooning, the counselor is Eric Shansby. He tends to fool around a lot. That is a joy to the whole class.

Also, you get to use all sorts of good equipment. You use India ink. Also, we use markers and .5 and .7 millimeter pens. Cartooning is very fun and I would suggest to anybody and everybody "Do it next year."

Clay on Wheels

By Matt Seskin, cabin 4

Ceramics is a brand new class at Camp Shohola. The class is two periods long. It is located in the old Arts & Crafts building. I have a very big, but nice, class. The teacher is Anne. She always calls us the "Future Pot Makers of America." Whatever! She is a professional and a great teacher.

In the class, we can either throw on the wheel or build by hand. Throwing is very hard. First, you throw your piece on the wheel. Next, to center it, you put it in a cone and push it back down. Afterwards, you open and make the floor of your pot. Then you lift the clay so it is even. The last step is cutting it off. Our goal is to make a pot taller than it is wide. It takes a great deal of strength and it's harder than it looks.

Another thing you can do in pottery is slab hand building. With this, you can make almost anything you want. I made a nice, tall vase. I find slab building the most fun.

The last thing we do in ceramics is glaze making and painting. Glaze is like paint for clay. In glaze making, we put all kinds of ingredients together, including metal, color, rocks, and more.

When we paint, we wax the bottom of the pot so it doesn't stick to the kiln, which we fire it in. We can paint all kinds of designs and things on our pots. Pottery is one of the best classes in camp.

Is it even Real Silver?

By Dan Cimera, Cabin 4

Silver Shop is a fun class to take. In Silver Shop, you do many different projects. You can make different kinds of jewelry, like rings, earrings, and bracelets. You can also make necklaces, but they are pretty hard to make.

The first week you cut shapes out of sheet metal. Then you could either enamel or polish the piece. Enamel is powdered glass that you put on either copper or silver. Then you use the blowtorch to melt it on and it looks better.

When you make rings, you can use small strips of metal or make a twist ring out of different metal wires. You can also make a twist bracelet or necklace. It is a really cool class and if you didn't take it this year, you should next year.

Colored Windows

By Jewell Gatlin, cabin 7

Stained glass is a very hard, but fun activity. You can make different designs from different books or you can make your own design. The best type of designs for beginners are boxes.

As you get more advanced, you can make things like bears, 3D shapes, and other animals. This class is the best and I enjoy it very much.

Sawing and Sanding

By Taylor Pitkin, Cabin 1

Woodshop is fun. You can make lots of stuff. You can cut stuff. You can also sand stuff. You can also design stuff. I'm making a tic-tac-toe board. It is fun. It is easy.

2002 Shohola "S" Winners
Camp activity articles
We remember so well
Dedication| White Speech| Green Speech| Reflections
Letter from the Editor
E-mail Newsletter #1
E-mail Newsletter #2
E-mail Newsletter #3
Camp Shohola Home Page

We Remember so well
1st Month

How's it goin?... Oh it's goin... John Bookstein and Adam Gaynor's hair... Old Jewish man impression... Celebrity Jeopardy... Dugout dancers at the Red Barons game... New foursquare court... NHL Thug Life brawl... Amazing WS towel prank... Another scorcher... All of the cabin names... JR and RM... Cutthroat Corner... Traditional Jewish cooking... McFrosty spirit... Paula's Play... John Bookstein's impressions... Duncan Day... Mystery Marathon... Water Relay Race... Mirsky/Brill sailing regatta... McFrostie's milkshakes... Aussie attack... Shohola bug strikes campers... Chocolate milk... WCSR live webcam... Table shift... New pottery class... Success in the Pike County Swim Meet... Mark's General Technology Class... Cabin 2's bowling trip... Duncan's porch... Burp tennis... Ali G indahouse... Sammie Saga Continues... Crowd surfing... Monkey defense... Extra crriiissppay... The Shohola Bears... Bear on the roof... Camper, counselor tennis tournament... Watch out for that cliff... SANCHEZ!!!

2nd Month

Greeley's water trampoline... Kit's campfire stories... Close Apache Race... The Czech Mafia... Pizza at lunch... The new diving Board... Flagpole reappears... Breakfast with the Pirates... Rob and Seskin's talent... Skeet shooting... International Food Night... Gaga knuckles... Table 13... J. P. wins round one against Booth... THE BEAR!... Back to sleep...Back to sleep...Back to sleep!... No rest hour...No rest hour...No rest hour!... Netimus goes to the Baron's game... Netimus leaves the Baron's game early... I thought only senior staff had walkie talkies... Today we have Sailing Roe-Gota against Greeley... Adrian gets kidnapped..... Someone decided to pay the ransom... Anthony Jacobson, a Molecular Biologist... THE WARPED TOUR!... Will the Tuesday day-off crew meet on the deck after the meal... Life without cheese... Water

skiing on Lake Greeley... The return of Crayola Man... The Camp Shohola Polar Bear Club... Martial Arts & Crafts... I wish I may, I wish I might, have a happy world food night... Special donuts in cabin 2... Camp Shohola Sky Diving Team... Joe Fish catches a foul ball at the Red Barons game... Da Bush... Andrew McRostie cracks his wrist during the Apache Race, Way to take one for the team Andrew!... The dug-out dancers... My name is Pedro... What's up with Sponge Bob this year?... Summer 2002, Camp Shohola's 60th anniversary... When's the water slide coming?... New rifles... Hero's in a half shell!... Fred attacked by killer sleeping bag... Koogies has lost that loving feeling... Working Senior campfire song to Sarah... The Lumber Jack Carnival... Shansby finally cuts his fro... Andrew's play-by-plays... The Talent Show... The lower camp beach party dance... Some one help! The casino is being robbed!... New CommTech swings... Maggie goes green... Joe Ronald McDonald... 70-14 win over Greeley...

Dedication

By The Working Seniors

The Working Seniors would like to dedicate the 2002 Banquet Edition of the Argus to George Meling. George has been here for five years and does not always receive the recognition she deserves. George has emotionally touched every member of the Shohola family in a positive way. She has put up with the Working Seniors when other counselors would have shunned us. Her kindness towards us and the world around her impresses us. Thanks for all of the memories, George. We'll miss you.

amp Shohola Internet Newsletter

07/13/02

Dear parents:

Hope you are enjoying the pictures we are posting on the Bunk1 web site. I know there have been some bugs but they seem to be getting ironed out. If you haven't seen your son yet, don't give up and keep checking.

It has been a great two weeks. The weather has cooperated, except for the heat, and we are now in a stretch of cool days and chilly nights...typical camp weather! By now, you have heard from you son's counselors and received his schedule. Please don't hesitate to call his counselors or me if you have any questions.

The new pottery program has gotten off to a great start and it looks like we have some potential artisans. We have fired some projects and they turned out really well. And none exploded in the kiln!

--Kit Barger

Here are some of the activities that have taken place since the beginning of camp.

Rock Climbing

A group of rock climbers went to The Gunks. The climbers thought the climb was rated as a 5.4, on a scale of 5.0 to 5.14. However, the climb turned out to be a 5.8, and was very difficult. All attempted the climb, and some were able to make it to the top! Good job, guys!

Jared Schwartz, cabin 2, recently went to the national rock climbing championship in Oregon on July 4th. He placed 5th in speed and 16th in difficulty. He is second overall in the Eastern Region for his age group, 11 and under, boys.

11-Under Basketball

11-U basketball had both a Pike County tournament and a regular game this week. The team, consisting of Alex Piperis, David Noble, Matt Rumack, Sam Selub, Marshall Rader, Juan Manuel Jimenez, Nate Storb, Aaron Fine, Dan Cimera, Joe Von Schmidt, Chris Woods, Juan Jose Jimenez, and David Schneider, fared very well in both games.

The team came away with second place in the tournament. Led offensively by Alex Piperis and Marshall Rader, the team defeated Lake Greeley Camp in a thriller. Nate Storb hit the last shot for the win.

Our team played against Pine Forest Camp in the final round of the tournament. Unfortunately, they were outscored by 20 points in the first half. The team fought back during the second half, and only lost by 10 points.

The team played New Jersey Youth Camp the next day in a single-game match. They won by 15 points, with David Schneider and Chris Woods playing big roles in the victory. Juan Manuel and Jose Jimenez both played very well in their first official basketball game.

Lower Camp Soccer

The Adidas played the Nikes this week in a real arm wrestle. After 60 minutes of play, the score was locked at 5 to 5. The game was pushed into a penalty shoot-out, in which Hector Vazquez put the game out of reach for the Nikes. 'Man of the Match' was Max Steinberg for unselfish attitude and intelligent play.

Basketball

I take part in an inner camp activity of basketball (NBA). I am one of the four captains of the four teams. We all play each other two times of the course of the summer. This activity brings the camp together. Campers play this activity if they are good at the sport or not. Everyone plays and we have fun through wins and losses. If you miss a shot, so what, you'll try again. The camp cheers and plays hard. In the end, we all win.

--Eli Edwards, working senior

13 Under Softball

Team members: Matt Schnall, Marshall Rader, Eli Colman, Paul Schneider, Tyler Woods, Eric Insler, Zack Frankel, Myles Koven, Will Poznansky, Mike Karp, Lucas Muller.

This team lost the first game to Lake Owego Camp, 2-0, but then won their second game against Lake Greeley Camp, 4-0. Nice win!

13 Under Softball

Team members: Mike Karp, Alex Piperis, James Geoghegan, Lucas Muller, Tyler Woods, Marshall Rader, Sam Tercek, Eli Colman, Zack Frankel, Matt Rumack, Charles Babalola, Paul Schneider, Eric Insler.

This team defeated Lake Owego Camp, 8-5. Way to go!

Water Skiing

Amid the start and stops of a very rocky beginning, we have had several successful days on Lake Wallenpaupak. The campers have been cooperative, and respond well to instruction. Although the climate has been hot and humid, the campers weren't always able to enjoy the cool water of the lake! Even so, they have behaved well, as well as skied well.

Pottery

All of the campers have completed at least one project on the wheel and we have fired all the artwork for the first time. We will put glazes on the pieces and then fire them more. Many campers built things by hand, as opposed to the wheel.

Stained Glass

Almost all of the campers have finished one project and are working on a second.

Silver Shop

Most campers made twist jewelry: rings, necklaces, and bracelets. Some have started to make silver rings. Many of the projects have been polished to a high shine and enameling has been started.

Nature

We've had an incredible number of animal sightings this session, and have been lucky to capture and give temporary homes to some unusual specimens. Some of those are: a four-inch long Dobsonfly, a very sleepy little brown bat, baby sunfish, crayfish, red eft, red-backed salamander, wood frogs, and toads

This year, we ordered "Painted Lady" butterfly larvae (caterpillars). All ten arrived safely and have already begun metamorphosis into winged adults. We have purchased a butterfly pavilion to keep and feed them throughout both sessions.

CommTech

The Camp Shohola Communications and Technology Program (CommTech) is off to a great start this year. There are two new activities, General Technologies, taught by Mark Baier, and Advanced Technology Design and Innovation, taught by Dave Love. Most of the traditional CommTech activities have been improved with new equipment and better instruction. The radio classes now have two MiniDisc players and two new CD players. The computer has new programs for news, sports and weather gathering, audio editing programs and a Live Web Camera so parents can see radio classes and announcers broadcasting radio shows live on the Internet.

Another new CommTech activity this summer is Digital Photography. With more campers bringing digital cameras to camp, we are now offering a class with instruction on the correct use of the cameras and how to edit the pictures using popular computer editing programs.

The Videography program is very active this summer with three counselors teaching campers how to plan, storyboard, shoot, edit and product a variety of video projects. We are producing music videos, dramatic programs, news sports and informational broadcasts, and finally feature programs. We are also recording some of the other camp activities.

Basketball 13-U

By Paul Schneider, cabin 12

Basketball 13-U is during period one on "A" days and "B" days. In this class, we do many drills to help improve our basketball skills. For example, we do full court lay-up drills. This helps you improve your shots from everywhere on the court. We also play knock-out. This is a fun way to practice your free throws and mid-range jumpers. Also, in this class, we scrimmage. This helps us practice our skills at everything and we learn how to play our best

position. Basketball 13-U is one of the best classes you can take if you like basketball.

Ropes

By Andrew Schiff, cabin 13

The ropes course, as always, is an excellent class for any camper to participate in. In this class, campers are able to climb and rappel on many different courses. You will learn trust, teamwork, and cooperation, as well as develop a passion and skill for rock climbing.

As a two period class, it is packed with entertainment and fun for all ages. After climbing on one of four walls, you can ride the zip line back down to the ground. As a member of the ropes class, you are entitled to participate in fun-filled trips to Shohola Falls, The Gunks, and the Delaware Water Gap. There you can climb mountains, rappel, and traverse high across the rapids below.

On a daily basis, the Ropes course is a great activity. Campers can experiment with the "spider web", the zip line, swinging wall, and the suspension bridge. These obstacles provide excellent training and experience for when you climb the real mountain.

The Ropes staff cannot be forgotten, either. This year, consisting of about ten members, the instructors are always fun to be around. They teach you well and prepare you for tougher courses that lie ahead. Not to mention, they are also there for your safety and protection.

This class is one of my personal favorites and I would recommend it to all campers that would be interested in this type of activity.

Golf

By Zach Stone, cabin 16

I am in the only golf class offered in Camp Shohola. Although not the most liked sport in camp, the 5A-golf class is one of my favorites. We go to clinics, where we are taught by the pros to swing like a pro. In the class, we improve our skills in accuracy, putting and driving. We are also taught when to use each club and why. You can sharpen your skills and develop a better swing.

Shohola's golf class has made me want to be a better golf player. We go on golf trips all the time to play nine holes. We also learn some of the rules of

an actual game in the class. The instructors have taught us everything, including the definition of 'par', the average amount of strokes needed to get to the hole, and how to properly set up the ball.

Another reason I like to play golf is because I get to wear cool shoes. It is one of the most relaxing sports I have ever played and you can play it all throughout your life. All people from every age can play the sport and you do not need to be very physically active or strong to play.

Outdoor Games

By Arlen Caplan, cabin 1

Outdoor Games is fun. We play street hockey, baseball, dodge ball, world cup, twenty-one, king of the mats, capture the flag, and gaga. My favorite is world cup. In world cup, you cannot shoot inside the penalty box. To win the game, you must score goals before the other teams. If all the other teams score before your team, you must sit out and play in the next round. The counselors are Jon G., Kevin W., and Kris. My friends and I love to play outdoor games. And we do a lot of the games in our free time. I think that everyone should take outdoor games. I think "we will, we will... rock you!"

Skateboarding

By Philip Ayers, cabin 5

In skateboarding the counselors are Jamie Ayers, Jon Bookstein and Kevin Powell. During work camp they made lots of ramps and Jamie also donated some of his ramps from home. We have a quarter pipe, a box, a bank, and a rail. They are also going to make two launch ramps in the future. On the box, you can do lots of grinds and you can do tricks off the side of it. On the quarter pipe, you can do stalls, airs, and grabs. On the bank, you can do lots of flip tricks. And on the rail you can do grinds too. The class is relaxed and you get a lot of time to skate. If you have any question about learning how to skate, you can ask Jamie Ayers for advice. It is always very frustrating learning the basics. But once you learn them, it is very fun!!!! Skateboarding is a lot of fun and if you didn't take it this year, you definitely should take it next year!

Conditioning

By Bryan Hill, cabin 9

During Conditioning, we exercise to develop muscles and self-esteem. In the first class, we took tests to see how many crunches and push-ups we could

do in a minute and how many pull-ups we could do. After that, we had to run a mile. We did these tests so that we would know if we had improved at the end of the month. At the beginning of each class, we run two laps around the soccer field. Then, each person does different exercises instructed by Rob, the counselor. That about wraps it up for explaining conditioning.

Roller Hockey

By Philip Ayers, cabin 5

In roller hockey, we learn how to shoot, pass, puck handle, and play together. The main counselor is John Gushman and a lot of the time we just scrimmage. Sometimes in roller hockey, we have competitions like 'Who can aim the best' or 'Who can deke out the goalie' best. We also learn how to set up for a game in all of the positions, such as goalie, right defense, left defense, right wing, left wing, and center. Gushman is a great hockey counselor and he is a fun guy to be around. Roller hockey is a lot of fun and if you didn't take it this year you definitely should next year!

Tennis

By Morgan Blanchet, cabin 16

Tennis is one of the greatest times I have during the day. Our instructors are not only good at what they do and good at making the class fun, but they also like hanging out or joking around with all the campers too. Already, after only a few lessons, the entire class has improved greatly. In tennis, the beginner classes learn the first fundamentals of playing. The intermediate class practices what they have learned and perfect their play. In the advanced class, the players further perfect their strokes and their game strategy. In the tennis class, you not only become a better tennis player, but you have a whole lot of fun.

Riflery

By Noah Meissner, cabin 16

I have taken riflery every year I have been at Camp Shohola and it's always a lot of fun. We start off learning basic rules for safety on the shooting range. Some of the important rules are: always point a gun in a safe direction, remember that a gun is not a toy, don't point a gun at someone as a joke, and that a gun is always loaded. Another rule is that if you shoot an animal you have to eat it. After learning rules and basic techniques, we start shooting. Our initial goal is to have a good grouping. Then, we work on

centering our shots on the bulls-eye. But riflery isn't all work. We also have a lot of fun shooting cans. In my opinion, riflery is one of the best courses offered at Camp Shohola.

Street Hockey

By Colin Steinberg, cabin 1

Hi my name is Colin and this is my article on Street Hockey. My counselors in the class are John, Jamie and Mike. First we have drills in passing, receiving and shooting. Then we have a scrimmage. When we play, Steinburgs' are always offense because they work very well together. They make great setups and always score, even on Gushman. We also have Gabe Hanna, who can really play the game, but everyone does great. The game of street hockey is unpredictable. Sometimes you score and sometimes you hit the post, just missing the goal by an inch and this is my report.

Nature

By Kyle Schiff, cabin 3

I like nature in many ways. We go on nature trails and find different types of animal trails and bugs. We sometimes do research on the bugs. We also catch things from the lake and the creek.

Our instructors are George and Eric. They are very funny too. I like them both. They are very kind and helpful. There is also a nature secret that I cannot tell you.

If you ever come to Camp Shohola, sign up for nature. You would love it. It is the best to me. Every year I come, I sign up for nature. If you do not sign up for it, you would regret it.

Riding

By David Noble, cabin 6

In my opinion, riding is the best activity at Shohola. You advance through four levels. You start as a beginner, just trying to walk around the arena and maybe trot a few times later at the end of the month. When you reach the intermediate level, you perfect the trot, which is very fun. After that, you become an advanced intermediate, which will let you start cantering. Cantering is when your horse leaps while running. The last level you can achieve is 'horseman level', where you really get to the fun stuff. You learn to jump and trot for long periods. When you become a Horseman, you use

one of your activity periods to help clean the barn, tack horses, and feed the horses.

There are also a lot of other fun events you do in horse back riding, like swimming with the horses (that's where you ride the horses in the water). You also go on trail rides to horse paths. I think the most fun event is the Netimus Horse Show. That is why horse back riding is the most fun class at Shohola.

Advanced Lacrosse

By James Geoghegan, cabin 15

Advanced Lacrosse is a very useful and helpful period. Jamie Ayers, Kevin Wright, Kevin Powell, and Sarah Head run the class. In the class, we practice our basic skills, which include throwing and catching skills, line drills and scrimmaging. These teachings help to better our lacrosse game during the off-season.

Besides our usual class routine, we also have contests in and out of camp, which include playing with water balloons and various games against Lake Owego and Netimus. Other than the advanced class, there is also a beginner class that introduces the newcomers to the basics and gives them knowledge of the rules of lacrosse. Overall, lacrosse has come to be one of the favorite and most enjoyable activities.

Soccer

By Adam Gaynor, cabin 11

Soccer is one of my favorite sports. It is a very fun activity. You can do things like learn new skills and even play against other camps. Soccer is also divided up into age groups so you won't be with someone twice your size.

There are also nice counselors. They will listen to what you say and play games. They will also organize evening soccer tournaments around camp.

Street Hockey

By Max Steinberg, cabin 6

Hi, my name is Max Steinburg. I have period 1B street hockey. The counselors who instruct the class are mostly Jan Balner, John Gushman, and Mike Stransky. We are a pretty big class of kids. We usually start out with some drills and then we pick teams for a practice game. The best part about

street hockey is the NHL leagues in camp. I play in the lower camp league. It's made up of four teams. They play each other and then play a championship game at the end of the four weeks. My team is undefeated. I have a lot of fun playing street hockey at Shohola.

Soccer

By Alex Nord, cabin 1

Hi. My name is Alex Nord and this is my report on soccer. In soccer, you do drills like pass, get away from defenders, and shooting. We practice making the goalie go one way and the ball go the other. After that, we usually have a scrimmage. I think Colin and Max are the best all-around players. The game of soccer is unpredictable. Sometimes you score, miss, or hit the post. That is why I'm telling you to join soccer.

Ropes

By Alex Steinberg, cabin 1

Hi my name is Alex and I am writing an article about ropes. My counselors in ropes are Sarah, Ben and Chris. We learn in ropes how to lower ourselves down Shohola Falls and climb rock climbing walls. I love going on the zip line; it's so fun. Me and my cousins like doing flips. Right when I go, I scream funny words like, "I'm a flying pig!" or "I'm a man, not a machine!" I always say 'hi' to Jessica in Silver Shop when I pass there and go back. I drop the rope and lower myself down and run the rope back and I'm done.

Camp Shohola Internet Newsletter

8/3/2002

Basketball

15 Under

Mark McAuliffe, Dan Brill, Matt Mirsky, Jason Anderson, Kirk McAuliffe, Charles Babalola, Elon Bridgett, Josh Fleishman, Ryan Levan, Teron Bridgett, Jorge Quiles, Gabe Hanna, and Jewell Gatlin played 15 under basketball against Lake Greeley camp and defeated them 70-14. Because of the difference in skill level, Coach Kris Mercer required that the ball be passed to each player on the team before a goal was made. Still, our player's outstanding ability on the court was impressive. Very nice job guys!

11 Under

Eric Cortellessa, Ben Elkind, Eric Asker, Joel Wimmer, Malcom Hale, Kamiyo Gatlin, Eric Green, Joseph Von Schmidt, Matt Rumack, Alex Piperis, and Marshall Rader defeated New Jersey Youth Camp in 11 under basketball, 56-23. The team had a good time, and brought home a Shohola victory. Yea!

Softball

13 Under

In 13 under softball, Camp Shohola was defeated by NJY on July 30th. The guys were ahead at the beginning of the game, before falling behind in the 3rd inning. The final score was 11-5. The Shohola team was made up of: Jewell Gatlin, Marshall Rader, Eric Insler, Brian Onley, David Hecker, Ben Elkind, Alex Piperis, Edmund Carlton, Chris LaBella, Quin Trigg, Brian Bomalaski, Patrick Duff, and Charles Babalola. Better luck next time!

11 Under

In an 11 under softball game against Lake Greeley, Camp Shohola put forth a great team effort and came away with a 9-4 win. Team members were: David Hecker, Brian Onley, Marshall Rader, Edmund Carlton, Matt Seskin, Noah Sennett, Greg Tinkham, Juan Jose Jimenez, Ben Elkind, Taylor Pitkin, Joe Polinger, and Alex Piperis. Coach Kevin Powell said, "According to Sam Stein, this may be our last 11-U softball game. I hope we can have another game because this is an incredible group of kids! They've been really fun to work with and have improved quite a bit in a short amount of time." The pitchers in this game were Alex Piperis, David Hecker, and Marshall Rader.

Camp Shohola recently participated in a Pike County 11-U softball tournament. The team lost the first game to NJY, 3-1. Matt Rumack drove in the only run and Marshall Rader was an impressive presence in the game. In the second game, the Shohola team dominated Lake Greeley, 11-3. Alex Piperis drove in six runs, including a grand slam! The team players were: Alex Piperis, Matt Rumack, Marshall Rader, Dan Tessler, Noah Sennett, Greg Tinkham, Rusty Mower, Matt Seskin, Joseph Von Schmidt,

Eric Green, Aaron Insler, and Ben Elkind. Coach Powell said, "This team was fun to work with. We had a great time. I hope we can play some more

games this month!"

CommTech

In the Amateur Radio activity we now have computer programs that will automatically decode morse code and RTTY code transmissions so we can communicate on the shortwave ham radio frequencies using the computer and keyboard. We can also send and receive pictures in a compressed format over the shortwave ham radio frequencies.

We have pictures and links online at <http://www.shohola.com/kd3fg> with information about CommTech activities and history.

Technology Design and Innovation is in its first full season this year after a successful trial in 2001. The five campers that are involved have spent time learning about the sociological aspects of advances in technology and have used this as a framework to help them consider the implications and functions of their own designs. The aim of the class is to enable campers to learn about and use the design process as it would be employed by commercial and industrial organizations.

Female Staff

This year was a milestone year for Shohola with female staff being assigned to certain responsibilities in cabins along with their male counterparts. This was done to involve the female staff more fully with camp life and to ensure that campers can interact with this contingent of staff in another capacity, other than sport activity. The female staff assisted where necessary and the campers got to know a great bunch of people that they otherwise would not have had the chance to associate with. It would be great if this type of involvement could become a Shohola tradition. --by Paula Wettergreen

Lower Camp NHL

In the first night of Lower Camp NHL for the second session, there were two games played. Both games were broadcast live by WCSR, the camp radio station. In the first game, the Ghostbusters played Mike's Merry Men. At the end of regulation, the score was tied 5-5, and the game went into a shootout. Mike's Merry Men won the shootout with a goal by Joe Polinger. In

the second game, the Fondue Kangaroos defeated Ruff Tuff Pirate Stuff, 5-4. David Hecker scored two goals in the game.

Tennis

On July 30th, a tennis team went out from Camp Shohola to play against Lake Greeley. Playing singles matches were: Julian Nadeau, 6-2; Jeff Sadri, 6-1; Kirk McAuliffe, 6-2; Jorge Quiles, 0-6; Ryan Levan, 11-9, after a tie breaker; Matt Rumack, 5-7; Rob Schiff, 6-1; Zach Frankel, 0-6; Phil Ayers, 6-3; and Mark McAuliffe, 6-3. There were also five doubles matches played. Julian Nadeau and Jorge Quiles won their match, 6-2 and Jeff Sadri and Kirk McAuliffe also won, 6-3. Phil Ayers and Matt Rumack lost 9-11, Zach Frankel and Ryan Levan lost, 2-6, and Julian Nadeau and Rob Schiff lost 2-6. Coach Fred Dam was very proud of the guys for their effort and sportsmanship.

Chocolate Log

Many of the campers have requested a recipe for Chocolate Log, a dessert made by Natasha McCarthy from New Zealand. Here is the famous recipe:

1 package of cooked chocolate chip cookies

Ginger Ale

Heavy cream, whipped

Chocolate chips

Take first cookie and dip in Ginger Ale quickly, making sure to drain off remaining soda by gently shaking cookie. Cover one side of the dipped cookie in cream and place on tray, standing up on its side. Continue to do this with each cookie, pushing them together to form a log. When finished, cover log in cream and sprinkle with chocolate chips. Place in the refrigerator overnight to set. Serve cold, with or without ice cream.

Soccer

Camp Shohola had a professional soccer coach, Keith Tabatznik, visit on July 29th to put on a soccer clinic for the campers. Coach Tabatznik coaches for Georgetown University and has been doing the soccer clinic at Shohola for

five years. He brings current Georgetown players with him to help with the clinic and give them experience in coaching younger players. Our Shohola boys learned tips to improve skills in passing and controlling the ball, as well as played scrimmages with real soccer icons. Coach Tabatznik came to Camp Shohola as a camper for three years, starting in 1971. He continued to work for Camp Shohola in capacities such as Counselor, Head of Land Sports, and Director of Soccer for another 16 years! Thank you Coach Tabatznik for making Camp Shohola soccer players even more excited about the game!

The End...LJM

Section 2

On August 8th, Camp Shohola had their horse show with Netimus and guest, Top Ranch. Championship was won by Netimus, with 105 points, and Camp Shohola and Top Ranch tied for Reserve with 95 points. Camp Shohola proudly accepted 23 individual ribbons and one Reserve Champion Ribbon. Great job Horsemen!

Pike County Triathlon

Camp Shohola took three young men, Juan Jose Jimenez (11-under), Jorge Quiles (13-under), and Josh Fleishman (15-under), to the Pike County Triathlon. The camps who competed were Timbertops, Lake Greeley, Pine Forest, Owego, and Camp Shohola. Juan Jose placed 1st in his division, Jorge placed 2nd in 13-U, and Josh came in 3rd for his division. These guys' exceptional effort gave Camp Shohola the overall 1st place win for the event! The triathlon is made up of three parts, including a 200 meter swim, 400 meter biking trek, and a 400 meter sprint.

Softball

13-Under

Edmund Carlton, David Hecker, Juan-Manuel Jimenez, Quin Trigg, Marshall Rader, Eric Green, Eric Insler, Brian Onley, Ben Elkind, Alex Piperis, Jewell Gatlin, Matt Rumack, and Noah Sennett played against Lake Greeley Camp in a 13-U softball game. Unfortunately, they lost 11-6. Better luck next time, boys!

In another game against Lake Greeley, Edmund Carlton, David Hecker, Brian Onley, Ben Elkind, Quin Trigg, Eric Insler, Jewell Gatlin, Noah Sennett, Alex Piperis, Matt Rumack, Marshall Rader, Taylor Luskin, Chris LaBella, and Dan Tessler defeated their foes, 6-4. According to coach Kevin Powell, the team played great defense. David Hecker and Taylor Luskin had key hits in the

game. Alex Pipers and Marshall Rader pitched well in the effort also.

15-Under

A 15-U softball team played against Lake Owego Camp and won 7-3. The team consisted of: Jeff Sadri, Ryan Levan, Mark McAuliffe, Kirk McAuliffe, Gabe Hanna, Chris LaBella, Dan Brill, Julian Nadeau, Josh Fleishman, Matt Adelman, Phil Weiner, Brian Onley, David Hecker, and Pat Dougherty. Mark, Dan, Julian, Matt, and Phil each got a hit and Ryan got 3 hits! Well done!

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Fine Arts

Stained Glass

In stained glass this week, there are unbelievably good students. All of them have already finished one project and some of them a second one. Two campers, Carlos Salinas and David Angeles, received Camper of the Week for Stained Glass.

Ceramics

This is the first summer that Camp Shohola has made crafts from clay. The campers work with clay on the wheel, as well as hand build projects. Every camper has made two or more crafts this month. Max Lifson and Jonathan Helman were Campers of the Week for the second week of this session.

Silver Shop

This month in Silver Shop, the campers have been working on a variety of projects. Stephen Kaplan is continuing to make a tree that was started during the first month. Pedro Orozco is in the process of cutting a very detailed design out of silver. Mark McAuliffe and Gabe Hanna have been working on silver rings. Julian Root is constructing an incense holder. And Chris Fork is making a hinged box.

The younger campers have also been completing many different projects. Carlos Salinas made an enameled letter; Jake Barron and Cody Weinberg are forming chains out of wire. Taylor Pitkin has been busy getting ideas from the scrap boxes and recreating the projects in his own style. Andy Beate has been doing a lot of patriotic enameling while making his country's flag. Gregory Tinkham is hammering out metal to form two halves of a ball, which will be soldered together.

Overall, the campers have been working very hard on their projects and the successful results will be displayed during the Arts and Crafts show at the end of the month.

Cartooning

For the first summer ever, Camp Shohola has a cartooning class! Campers have been working on a variety of projects, from the techniques of animation to the subtle art of exaggeration. Roberto Baptista created characters for a comic strip about "Martial Arts and Crafts" and Elliott Williams has worked to develop his bug-eyed "Bob." From the mind of Andrew McRostie has come the "Adventures of Plumber Man vs. the Broken Sink." Viva Cartooning!

CommTech

Amateur HAM Radio

On August 2, 2002, Max Lifson, Zach Howard, and Jon Gibson participated in the 100th anniversary of the first transmission of a commercial message by Guglielmo Marconi, who was born in 1874. He set up his first transmitter in Cornwall, England, and transmitted the historic letter "S", the first transmission across the Atlantic Ocean. On August 2, 1902, he sent the first commercial message from Cornwall to New Foundland, Canada. On Friday, August 2, 2002, the Camp Shohola Amateur Radio Club sent our voices to Cornwall to be retransmitted from the exact site of these historic transmissions. "It was very exciting knowing that our voices were part of this anniversary celebration," said Tom Gibson, the HAM Radio counselor.

Black and White Photography

This month in Black and White Photography, the campers have printed a lot of pictures. The campers explored the idea of themes, and took several pictures that evolved around one subject. For example, Ben Staples, Eli Cassel, and Rob Bortner took a series of photos of the teacher throwing a banana peel. Then, they pretended that Cody Weinberg slipped on the peel, fell down, and the banana peel landed on his face. These guys have some imaginations!

Digital Photography

In Digital Photography, the campers are doing two things. First, they are taking pictures off of the Internet and altering them with professional photo editing software, Adobe Photoshop. They are also using the software to change pictures that they have taken themselves with the camp's digital camera., for example, took separate pictures of a counselor, camper, and Lake Greeley. David Angeles Then he super-imposed the camper and counselor onto the lake so that it appears as if they are walking on water! Wow!

Radio

Radio class has been a total success. All of my students are on their way to becoming professional Disk Jockeys (DJs). However, they all explore different areas of the radio world. For example, Andrew McRostie is exploring the wonders of sports announcing. During the second week of the second session, Andrew and I broadcast a live play-by-play of a lower camp hockey game. He was at the court in the "heat" of the action and I was operating the console in the radio room playing various messages and the sirens when the hockey players made a goal.

In radio broadcasting, my students learn how to cue records properly, and also how to sign on and off properly. They learn the station rules and regulations, as most of them comply with the Federal Communications Commission (FCC). When they become more advanced, we will talk about topics that are more technical, such as radio wave properties, emergency procedures, frequency allocations and many other fundamentals of radio. Radio is a fun and enjoyable experience for all.

-- by Madison Smith

Riding

On Sunday, August 4th, the Riding instructors took two Horsemen, Fernando Laposse and Brian Bomalaski, to the L.A. Quarter Horse Show in Lake Ariel, PA. Fernando placed as follows: 6th in Long Stirrup, Walk/Trot/Canter; 3rd in Hunter Over Fences, 1st in Baby Green Hunter Over Fences, 1st in Baby Green Hunter Stakes, and 4th in Baby Green Hunter Saddle. Sadly, Brian was up against a very strong field and did not place in his class. Good showing guys!

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